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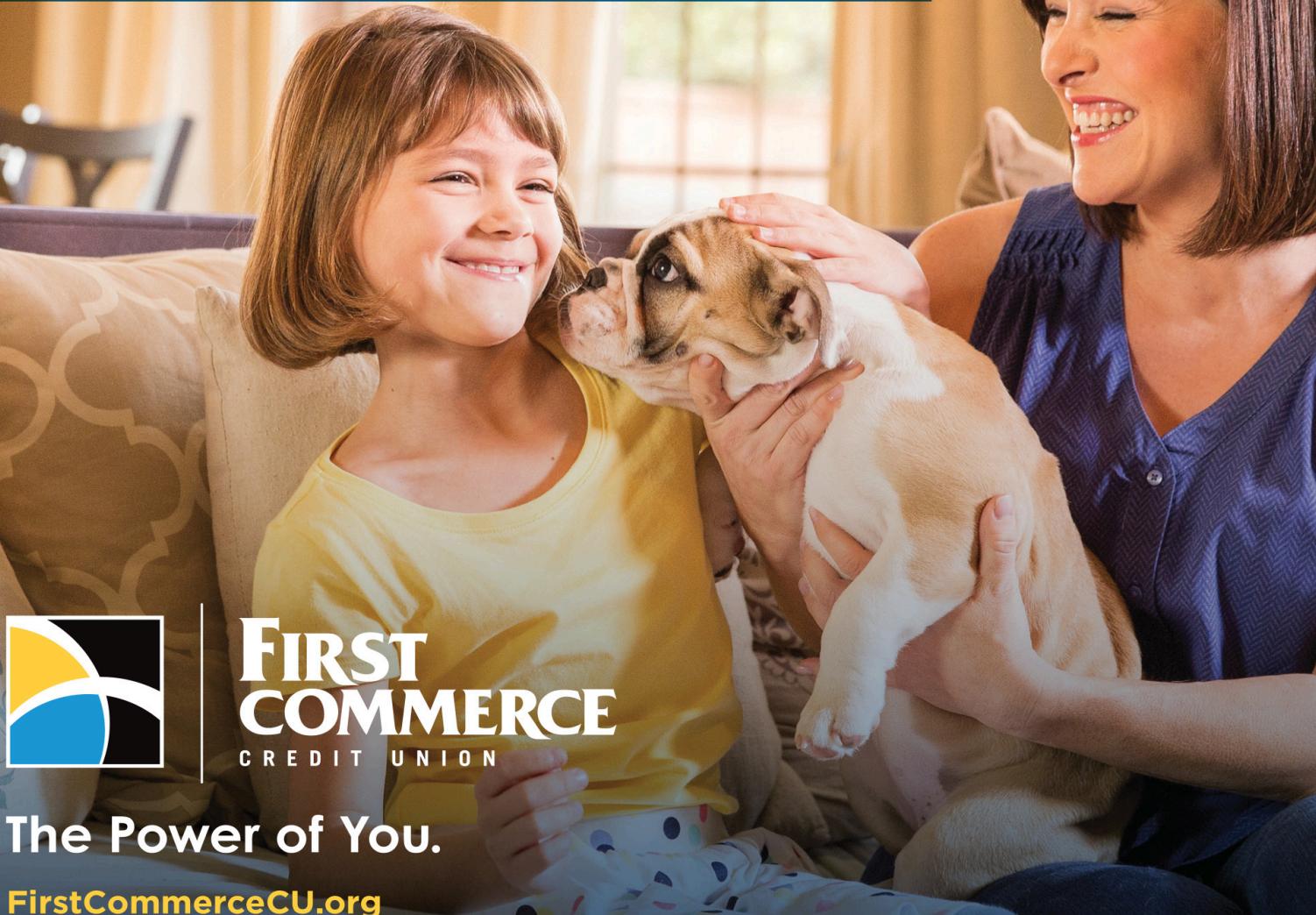
From humble wooden barracks in 1948 to the modern state-of-the-art expansion of the M.T. Mustian Center, Tallahassee Memorial has evolved during the most extraordinary times in our nation's history. From polio eradication to the first man on the Moon, we've been right there with you, striving towards incredible advancements. TMH was born from a passion to continually build the highest level of healthcare for our community, never forgetting our promise to always be Your Hospital for Life.

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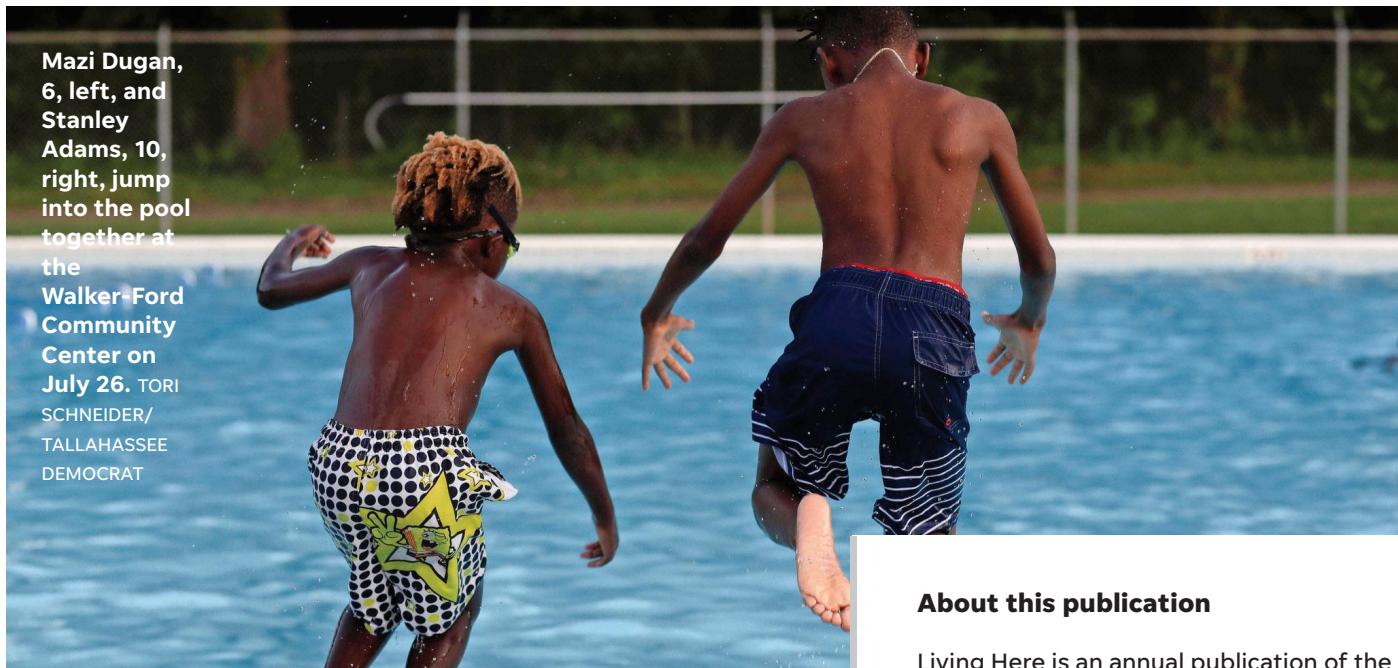
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Mazi Dugan, 6, left, and Stanley Adams, 10, right, jump into the pool together at the Walker-Ford Community Center on July 26. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

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About this publication

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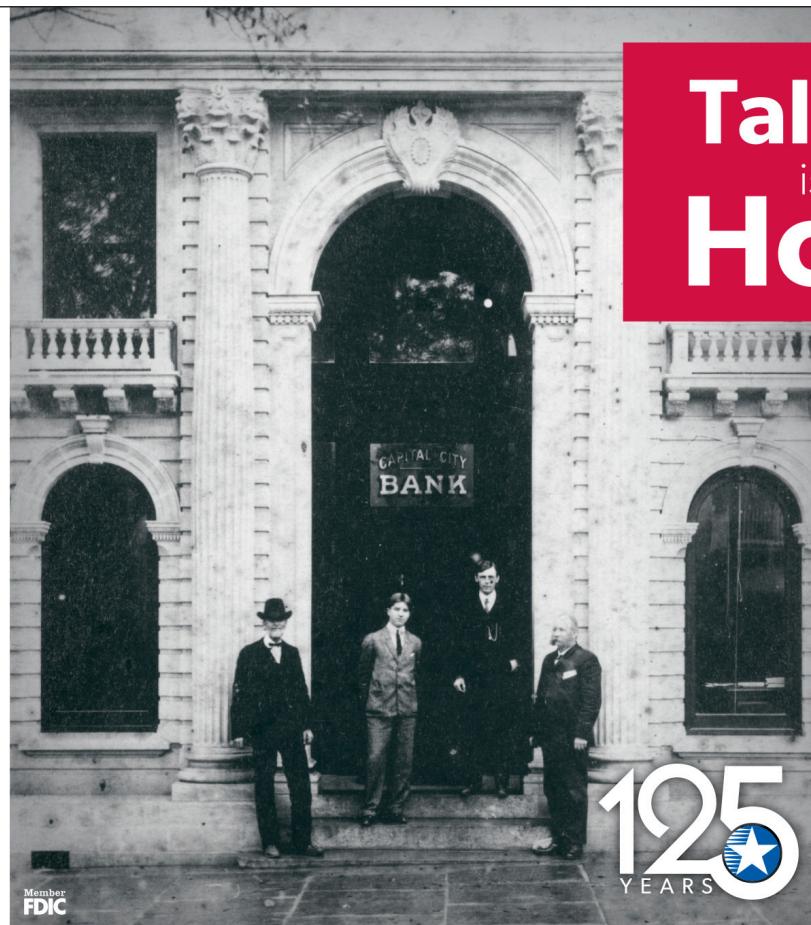
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On the cover

Picnickers share the shade under the oaks at Cascades Park.

Photo by Tori Schneider



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Being out and about at area events and festivals is a favorite Tallahassee thing. Although the 2019 Fourth of July fireworks were canceled due to a storm, the pink and purple sunset at Tom Brown Park put on a spectacular show. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



10 things that make Tallahassee tick

Randi Atwood Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Welcome to Living Here 2019-2020. What you have in your hand – or in front of your eyes, if you’re using the digital version – is the definitive guide to living in Tallahassee. It tells you where and how our community lives, works, eats, learns, plays, worships, shops and more.

We’ve named this issue “10 Things That Make Tallahassee Tick,” but you’ll see that each of the “things” is a broad category, like restaurants or parks or neighborhoods. There’s plenty to unpack in this deceptively small handbook of your hometown.

If you’re new to town, or just visiting, there’s a lot of useful information here for you. If you’ve lived here a while, you probably know some of it – but we bet you don’t know all of it. Some examples:

Where do we work and shop? Economic Development reporter TaMaryn Waters takes us “from college cool to brainy Innovation Park” by walking you through a few of the many businesses offering niche services, delicious food and cutting-edge technologies.

Where do we live? In “From bungalows to condos, find welcoming charm,” freelance writer Marina Brown introduces you to five Tallahassee neighborhoods, each with its own distinct personality.

How do we worship? Brown found that just over half of Tallahasseeans identify as Christian, but that, “the city holds its arms wide to those who do not.” If you live here, you probably already knew that, but you may not know

Continued on next page



Tiffany McDaniel weighs sausage links for a customer at Bradley's Country Store. McDaniel has been working at the shop since she was 13. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

Continued from previous page

the astounding spectrum of spiritual practices she will show you how to find in and around our city.

Want to grab a great meal? Rochelle Koff of Tallahassee Table shows you around the increasingly diverse local food scene in her “essential eateries” list. There are so many wonderful restaurants, she says, that she had a hard time sticking to the dictate of only mentioning nine of them. (Spoiler: She didn’t.)

How about playing outdoors? There’s a park for every season, and Healthy Heather’s Top 10 list will keep you busy exploring trails, lakes, sports fields, greenways, gardens and more. Sure, it’s hot out in August, but we’re about to go into Tallahassee’s beautiful autumn. Take advantage of it.

Entertainment contributor Kati Schardl says a community is defined by the events that bring people together,

which is why we just had to include a list of festivals that demonstrate “cultural diversity on parade.” She chose seven to highlight, but no matter how much space we gave her, she couldn’t have written about all of them. Check out the list for one that’s new to you, and get out there and have a blast with your fellow Big Benders.

Speaking of your fellow Big Benders, there’s something we want to acknowledge. Sure, we’re writing about the 10 things that make Tallahassee tick — but we keep in mind that it’s not really the things that make our city tick at all.

A place is more than a sum of its parts. Tallahassee is more than its shops, businesses, theaters, restaurants, parks, museums, universities and festivals.

It’s the people who make Tallahassee tick. And the people who make Tallahassee special.

That’s why this year our photogra-

phers have concentrated not so much on places, but on the people at those places. It’s the people we meet making and serving the sausage at Bradley’s Country Store and the smiling faces we see walking the dog.

The people in the photos — and there are many more photos as well as videos online at TLHLivingHere.com — are your friends, neighbors, political opponents, family, colleagues, classmates and sports competitors. But they’re all joined by something greater: their love of the Big Bend region. We’re all here for a reason.

That includes all the staff at the Tallahassee Democrat. We live here, too. We’re your neighbors, and those of us who weren’t brought up here quickly fell in love. “Living Here” is for us all.

One last thing. We realize it’d be impossible to include everything. Visit TLHLivingHere.com for our database of listings of the many other resources we couldn’t fit into the print edition.

1 CAPITAL

The Big Bend's efforts to remain Florida's capital nearly a half-century ago included legalizing liquor sales and starting our annual Springtime Tallahassee celebration.

Take in the view from tower of power

Bill Cotterell Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

You can't miss it, whether you fly or drive into Tallahassee.

It's the tallest building in town, a white behemoth poking through our carpet of treetops as a monument to political compromise and plain old power. In what may have been the first of thousands of give-and-take deals in Florida politics, this city halfway between Pensacola and St. Augustine was chosen as the seat of government by British and Spanish settlers early in the 19th century. **Continued on next page**



Hundreds of students from Tampa, Orlando and Gainesville and members of Moms Demand Action lined the fourth floor rotunda holding the photos and names of those who have lost their lives to gun violence in Florida after HB 7093 was temporarily postponed April 3.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



The Tallahassee Branch of the NAACP hosted its annual Rev. C.K. Steele Sr. Commemorative Service and the Rev. Dr. Martin Luther King Jr. Commemorative Rally, Jan. 21, as community members gathered on the steps of the Capitol.

ALICIA DEVINE/DEMOCRAT

Continued from previous page

And, in a tribute to the kind of clout local legislators no longer yield, some Old South politicians prevented the capital from being moved to Orlando about 50 years ago. Urban legislators, who run the House and Senate now, still try periodically to set up a study committee and study the idea of finding a more central location — one with decent air service, for instance — but their predecessors literally cemented our status in place at the t-square juncture of Apalachee Parkway and Monroe Street.

The Big Bend's efforts to remain Florida's capital nearly a half-century ago included legalizing liquor sales and starting our annual Springtime Talla-

hassee celebration. The big parade and street festival were part of the town's plan to impress legislators, who had newly begun annual 60-day sessions.

They used to meet every other year.

There are actually two capitol buildings. The "Historic Capitol" housed state government until the 1970s, with suites for the governor, secretary of state, attorney general, education commissioner, state treasurer (who doubled as insurance commissioner), comptroller and agriculture commissioner. All were separately elected statewide for four-year terms.

They reorganized in 1998, and now only have the governor, attorney general, agriculture commissioner and a chief financial officer voting on executive decisions at Cabinet meetings.

With the state growing fast after World War II, in commerce and population, the computer age brought a need for more modern facilities. Planning for a new capitol began in the late 1960s — right after they settled that business of keeping the home office in Tallahassee — and initial plans called for bulldozing the old capitol and putting in a sunny mall, with bubbling fountains and shady trees down the eastern hill.

History buffs wouldn't stand for knocking down the old capital. It was said that the strength of your passion to "Save The Capitol" was inversely proportional to whether you worked in the drafty, leaky, inefficient old build-

Continued on next page

CAPITAL

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ing. Anyway, it got saved and restored to pretty much how it looked when President William McKinley visited, and serves mostly as a museum now.

There was some argument between the “domists” and the “slabbists” — those who wanted a modern flat roof on the new building vs. traditionalists who insisted capitol must have domes. The domists won, resulting in those two humps over the House and Senate chambers.

And if you’re wondering, no, there were no women among the governor and Cabinet officers who selected that two-domes-and-a-shaft silhouette.

In another compromise of minor historical note, the 22-floor building is two-faced. Panhandle residents used to say the Old Capitol turned its back on West Florida, facing the populous and prosperous eastern peninsula. Perhaps Gov. Reubin Askew being from Pensacola had something to do with it, but the new design incorporated those bubbling fountains, pretty plants and an aluminum sculpture of frolicking dolphins on the Duval Street side of the big building.

It looks more like the headquarters of a big bank or insurance company — which is why politicians usually film their campaign commercials on the steps of the Old Capitol. That’s a museum, now, but it looks like a state capitol. They inaugurate governors on that side, too, every four years.

There’s a very nice observation deck on the 22nd floor of the “new” Capitol, which is really over 40 now, with a panoramic view in all directions. It has a snack shop on the 10th floor and a bigger cafeteria at the lower level, along with historical markers in numerous locations.

The governor and now-three Cabinet members have their offices on the first floor, and the Legislature meets 60 days a year — and usually a little longer — on the Capitol’s fourth floor.

Bill Cotterell is a retired Tallahassee Democrat reporter who began covering state government in 1969, when the Old Capitol was the only capitol.



Guardian ad Litem Executive Director Alan Abramowitz takes a selfie with the Florida Space Day astronaut during Florida Space Day at the Capitol Feb. 19.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Federal Correctional Institution employee Alex Dudley protests from the corner of Apalachee Parkway and Monroe Street in front of the Florida Historic Capitol as he and other federal workers rallied against the government shutdown in downtown Tallahassee on Jan. 10.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

CAPITAL



After his inauguration ceremony on Jan. 8, Gov. Ron DeSantis addresses Florida's Legislative leaders and Cabinet officials. DeSantis discusses his plans to work with the state's elected leaders. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Junior Polo, a teacher with the Prodigy Cultural Arts Program, assists Quatarius Key-Bagley, 9, to create a painted design on a T-shirt during Children's Week at the Capitol. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Firefighters and their families from around the state create a display at the Old Capitol of 500 pairs of boots in honor of firefighters who lost their battle or are battling with cancer caused from smoke inhalation and carcinogens on March 7. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

2 HOSPITALS

New surgery center, ERs at your service

Heather Fuselier Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

“Our goal is to provide quality care for our patients with little to no wait time. The new freestanding ERs will allow us to provide critical healthcare services in convenient locations for our patients.”

Alan Keesee
CEO of Capital Regional Medical Center

Tallahassee is a city known for its rolling hills, live oak trees mingling with the cottages of Midtown and office buildings of downtown, and a pace of life a bit slower than that of our friends south of I-10. But don't let appearances deceive you. Nestled in Tallahassee are state-of-the-art healthcare facilities, multiple new emergency rooms, cutting-edge specialist providers, enhanced veterans health services, and partnerships that bring the best of healthcare to our doorsteps. **Continued on next page**



Katie Hill, project manager, in one of the many operating rooms at the newly-opened M.T. Mustian Center at Tallahassee Memorial Hospital April 5. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

HOSPITALS

Continued from previous page

Advancements in healthcare are the heartbeat of Tallahassee, one that grows stronger with the addition of every level of care: telemedicine, robotic-arm assisted surgery, 24/7/365 stroke response, pediatric cardiology, and more, now available to Tallahassee residents. The combined efforts of Tallahassee Memorial HealthCare and Capital Regional Medical Center ensure that the highest level of care is also the most accessible.

"We have spent time looking at patient needs and demands, and where there are gaps in care," says Lauren Faison-Clark, Administrator, Regional Development, Population Health and Telemedicine at Tallahassee Memorial HealthCare. "We've asked, 'what medical care do Tallahassee residents leave for?' And now we are filling those gaps."

Here's a look at what's at your fingertips for getting and staying healthy in Tallahassee.

Care where you need it

No longer do Tallahasseeans need to drive to larger cities for pediatric cardiology. A partnership between TMH and Wolfson Children's Hospital of Jacksonville, in collaboration with Tallahassee Primary Care Specialists, brings access to high-quality pediatric cardiology care, as well as cardiac diagnostic testing including EKGs, Holter and event monitors, and echocardiograms.

TMH also recently expanded its Child Life Program to the northeast Tallahassee Memorial Emergency Center, with the addition of a second certified child life specialist to work with children and families to provide emotional support and help them develop coping strategies for the challenges of hospitalization, illness, disability and loss. TMH's other certified child life specialist works in the Main Hospital, advocating for kids and families in the Children's Center and throughout the facility.

Emergency care is now more accessible than ever before, with the addition of two new freestanding emergen-



A construction worker looks over a blueprint to figure out his next steps in the building of Capital Regional Medical Center's new emergency room in Southwood July 3. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

cy departments in 2019 and 2020. Capital Regional Medical Center will open an ER in northwest Leon County, just north of I-10 on North Monroe street and a similar facility on the southern end of town, near Southwood.

"The new ER facilities represent our latest step to expand health care into the community," says Alan Keesee, CEO, of Capital Regional Medical Center. "Our goal is to provide quality care for our patients with little to no wait time. The new freestanding ERs will allow us to provide critical healthcare services in convenient locations for our patients."

Accessibility and convenience is at the core of expansions in telemedicine, as well. Faison-Clark explains, "Hurricane Michael disconnected many from their primary care physician, and our homeless community needs access to care where they are. We have had to evaluate how we can accommodate those needs. We want to provide the

right level of care at the right time."

Thanks to a grant from the Beatitude Foundation, TMH is now able to provide primary care to homeless residents of Tallahassee at the Kearney Center, through a hybrid of an onsite clinic and telemedicine. "Since implementing the program," says Faison-Clark, "we have seen a decrease in the number of ambulance calls, which tells us we are building trust in the health care system across the community."

Care that is one step ahead

Active Tallahassee residents are now back on their feet faster with the addition of robotic-arm assisted knee and hip surgery at Capital Regional Medical Center.

Through CT-based 3D modeling of bone anatomy, surgeons can use the system to create a personalized, pre-

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HOSPITALS

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cise surgical plan before entering the operating room, and then make necessary adjustments during surgery.

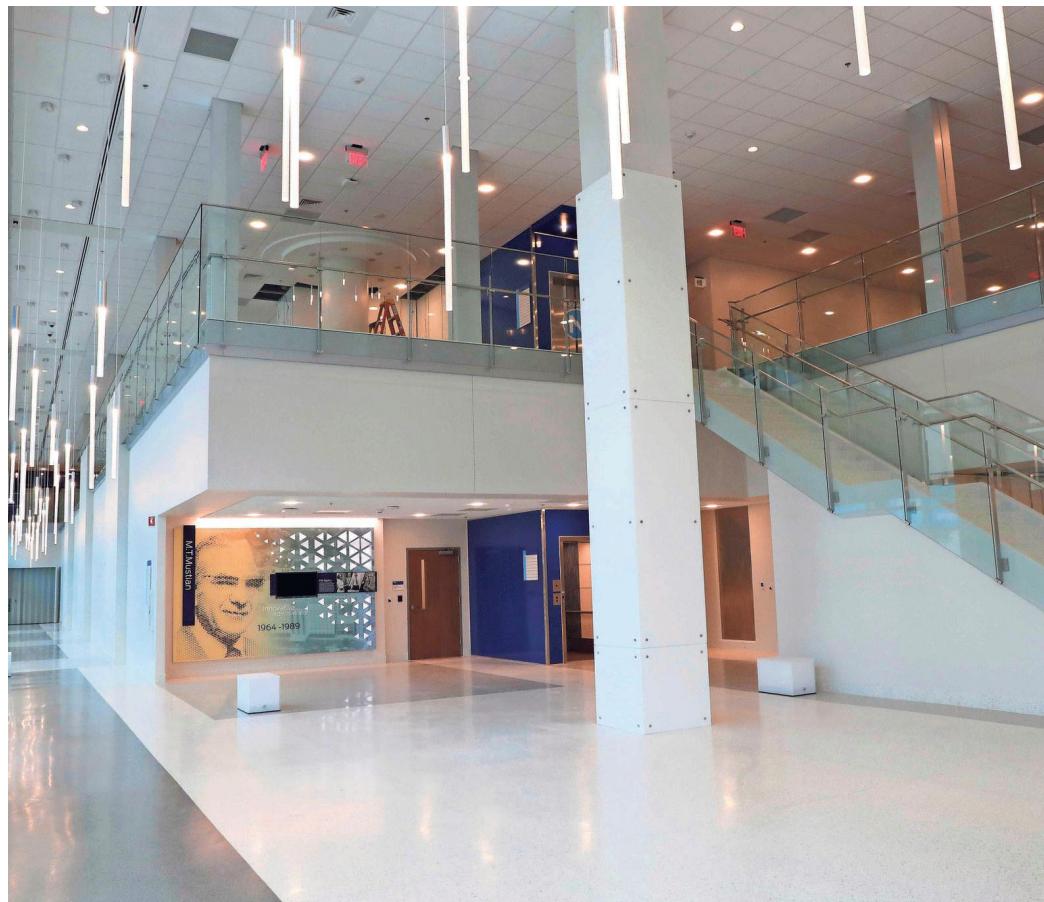
"This system is changing the way joint replacement surgeries are performed by providing each patient with a personalized surgical experience based on their specific diagnosis and anatomy, including less tissue trauma," says Chesley Durgin, MD, an orthopedic surgeon at Capital Regional Medical Center. "It's exciting to be able to offer this transformative technology across the joint replacement service line to perform total knee, total hip and partial knee replacements."

In addition, Tallahassee Memorial HealthCare's recent opening of the 340,000 square foot M.T. Mustian Center brings 72 intensive care unit beds, 28 state-of-the-art operating rooms, the most advanced imaging and X-ray machines, four interventional suites for neuro-surgical and vascular procedures, and more to our region. "In our planning processes, we ask what does Tallahassee need now, and what will we need 10 years from now," explains Faison-Clark.

Care that sees the big picture

While local health care providers have worked hard to answer your every medical need, they also want to ensure that you don't have one. By creating programs. "Ultimately, it comes down to providing the tools for healthy living," says Faison-Clark.

To meet that need, the



The lobby of Tallahassee Memorial HealthCare's M.T. Mustian Center on April 5. It has 72 intensive care unit beds and 28 operating rooms. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

behavioral health needs of Tallahassee's college and university students are now served by outpatient services provided by Capital Regional Behavioral Health Center - University Services. The Intensive Outpatient Program includes 12 hours per week of therapeutic group activities, including Cognitive Behavioral Therapy, Dual Diagnosis Therapy, Art Therapy, Educational Group Therapy, and Medication Management, ensuring that Tallahassee is a healthy city for all of its residents.

Keesee explains, "With our new Outpatient Services, geared towards students we have more oppor-

tunities to ensure our patients receive the care they need, when and where they need it."

Once considered a sleepy town in the shadows of high-tech medical care to

the east, Tallahassee now stands heads and shoulders above the rest. Like its majestic live oaks, the health care scene of Tallahassee is putting down roots and providing a canopy for all.

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HOSPITALS



Medical staff at work at the Capital Regional Medical Center, which is building on two stand-alone emergency care facilities in Tallahassee on the city's far south and north sides. TALLAHASSEE DEMOCRAT FILES



A construction crew works together to build Capital Regional Medical Center's new emergency room in Southwood July 3. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Chelsea Countess, a surgical technician at Capital Regional Medical Center, poses for a photo in an operating room on July 3. Countess received a job at CRMC after completing the TCC2Work program. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

HOSPITALS



Laura Blakney, nurse manager of operations, shows off the Da Vinci surgery system in an operating room in the M.T. Mustian Center at Tallahassee Memorial Hospital April 5. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Grace Kerwin, 15, fist bumps registered nurse Donna Ranner, after Ranner accessed Kerwin's port on her chest in preparation for treatment for juvenile dermatomyositis (JDM) at Tallahassee Memorial Hospital, March 26. The nurse and patient have built a relationship through Kerwin's monthly treatments. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

3

HIGHER ED

Universities make us smarter, faster, younger

Byron Dobson Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Tallahassee is a higher education town with two major national universities and a nationally-recognized state college serving more than 62,000 students.

What this means is Florida State University, Florida A&M University and Tallahassee Community College each add substance and depth to the city through their respective offerings in academics, job skills certification, robust cultural affairs offerings and salaries that solidify middle-and upper middle-class households.

Their presence has a direct correlation to the explosion of student housing, retail start-ups, health-care growth and national sporting events.

And, national bragging rights. **Continued on next page**

Florida A&M University's Marching 100 participated in the internationally-renowned Tournament of Roses Parade on New Year's Day in Pasadena, California.



Florida A&M hosts a homecoming parade on Oct. 6, 2018. ALICIA DEVINE/DEMOCRAT

HIGHER ED

Continued from previous page

For instance, Florida State's Marching Chiefs in June was the only college band representing the U.S. in France's official parade marking the 75th anniversary of D-Day.

Florida A&M University's Marching 100 participated in the internationally-renowned Tournament of Roses Parade on New Year's Day in Pasadena, California.

Those two entities themselves are a big part of living here.

Florida State University

President: John Thrasher

Enrollment: 42,000

New buildings: Earth, Ocean and Atmospheric Science Building; Student Union; Don Veller Seminole Golf Course; STEAM Classroom Building at Florida State University Schools

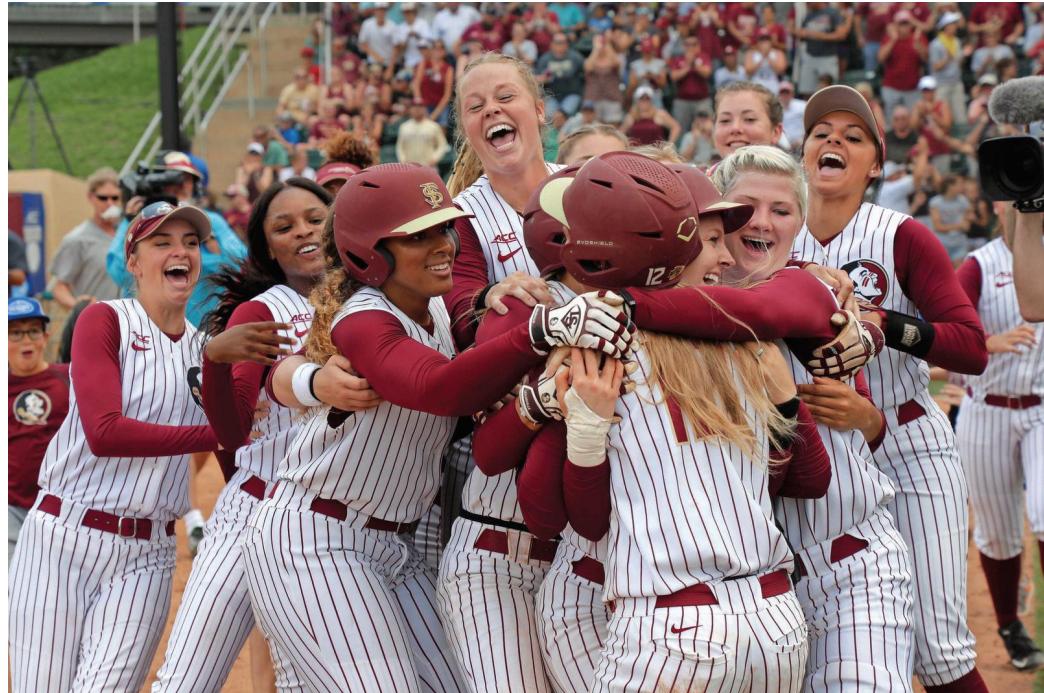
Website: <https://www.fsu.edu/>

Florida State University, founded in 1951, is one of three preeminent institutions in the State University System, making it one of the state's flagship universities.

FSU has moved up 17 spots in the U.S. News & World Report Best Colleges rankings over the past three years.

It is currently ranked No. 26, with new rankings announced in September.

Several of its academic programs rank among the top 25 in the country, including Physics, Chemistry, Statistics, Ecology and Evolutionary Biology, Meteorology, Political Science, Psychology, Sociology, Criminology, Information, Creative Writing, Public Policy,



The Florida State Seminoles celebrate their victory over the UNC Tar Heels for the ACC Softball Championship title May 11. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

Business and Law.

In total for 2019, FSU received 60,555 first-year applications and accepted 21,287 students. It expects to enroll between 6,800 to 7,000 first-year students.

Biological science, business, engineering and psychology were the most popular majors among this year's admitted freshmen.

The university's four-year graduation rate is among the top 10 in the country and the highest in Florida at 72 percent.

A record number of FSU students are studying or interning around the world this summer as recipients of the Benjamin A. Gilman International Scholarships from the U.S. Department of State.

FSU's 28 Gilman Scholars are the most in school history.

Florida State's Gilman Scholars are studying in 15

different countries across the globe — from China to the Czech Republic.

Last year, the university received \$226-million in research funding from federal, state and other outside sources.

The university is home to the National High Magnetic Field Laboratory, which is primarily funded by the National Science Foundation.

The only national lab in Florida, the National High Magnetic Field Laboratory holds the most world records for the most powerful magnets on earth.

Other research centers, such as the Center for Advanced Power Systems, are supported by the U.S. Departments of Defense and Energy.

The MagLab and Center for Advanced Power Systems, in addition to other labs on campus are sought out nationally by govern-

ment and industry for cutting edge research.

This spring, FSU graduated its first class of students enrolled at the Jim Moran School of Entrepreneurship.

The school was made possible by the \$100-million gift by Jan Moran and The Jim Moran Foundation in December 2015.

Today, more than 600 students are taking entrepreneurship classes across three majors — commercial, social and retail entrepreneurship — about 1,000 students are enrolled in six entrepreneurship minors.

Last fall, the university announced that its "Raise the Torch" campaign, which kicked off in July 2010 and closed June 2018, topped its \$1-billion goal by raising \$1,158,665,865 in gifts and pledges received from donors and supporters.

Continued on next page

HIGHER ED

Continued from previous page

Florida A&M University

President: Larry Robinson

Enrollment: 10,000 approximate for fall 2019

New buildings: Center for Access and Student Success; new 700-bed residence hall and dining facility; plans underway for amphitheater

Website: <https://www.famu.edu/>

Florida A&M University, the only Historically Black College or University in the State University System, was founded on Oct. 3, 1887.

Today, it is internationally known as one of the country's premier HBCUs.

It was ranked in the top 10 of U.S. News and World Reports Best Colleges publication and it placed No. 2 in the country among public HBCUs.

FAMU received 8,530 applications for summer-fall 2019 and accepted 2,782 freshmen applications.

The university's academic accomplishments is known through its School of Business and Industry, the School of Allied Health, the School of Journalism & Graphic Communication, the College of Pharmacy and Pharmaceutical Sciences, the College of Agriculture and Food Sciences and the joint FAMU-FSU College of Engineering.

The PharmD and Ph.D. programs, in the College of Pharmacy and Pharmaceutical Sciences, were ranked No. 1 and No. 2 respectively in the nation in awarding of degrees to African-American students by Diverse Issues in Higher Education, Top 100 Producers of Minor-



Tallahassee Community College students Alise Singletary, left, and Meagan Kenney work on an assignment for a humanities class by taking observations about pieces in the exhibit "500 Years of Printmaking: the FSU Collection" in the TCC Fine Arts Gallery on the TCC campus.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

ity Degrees 2018.

The FAMU College of Law, based in Orlando, was ranked in the Top 10 for Diversity (#5) and in the top 20 for Best Schools for Hispanics (#17) in the winter 2018 issue of PreLaw magazine.

FAMU was ranked the No.1 Historically Black College and University for producing African American bachelor's degrees and the No. 4 overall institution in the nation for producing African-American bachelor's degrees by Diverse Issues in Higher Education Top 100, 2018.

The college's student body is considered one of the most politically active among HBCUs, often championing for change in criminal justice, equality in education, voters' rights and gun legislation.

At least a half-dozen mayors in the country are graduates of Florida A&M, including Keisha Lance Bottoms of Atlanta, Oliver Gil-

bert of Miami Gardens and Melvin Carter, III, St. Paul, Minn.

Tallahassee Community College

President: James Murchie

Enrollment: 9,200 projected for fall 2019

Website: <https://www.tcc.fl.edu/>

In a city that is home to two major internationally known universities – Florida State and Florida A&M – Tallahassee Community College has carved out its own niche.

The main campus is located on Appleyard Drive in Tallahassee, but it has satellite campuses at the Gadsden Center, the Wakulla Environmental Institute, the Ghazvini Center for Healthcare Education and the Florida Public Safety Institute in Havana.

The college estimates

that since its inception in 1966, it is responsible for putting 160,000 people to work, or over half of the population of Leon County.

This means that newcomers to Leon County are likely to find those working in local businesses, healthcare, especially nursing, law enforcement and emergency medical services began their college education or certification training at Tallahassee Community College.

The college is the top community college feeder school for students transferring to Florida State and Florida A&M universities, with 75-percent of students earning an associate of arts degree transferring to a four-year university.

TCC graduates can continue their studies toward a bachelor's degree on campus through the college's partnerships with Flagler College, Saint Leo University and Thomas University.

In addition to its academic programs designed for those planning to obtain four-year degrees, the college offers more than 74 workforce programs.

TCC is offering four new apprenticeship programs in electrical, HVAC, pipefitting and plumbing.

A new college credit certification program is being offered in network security and a new career and technical certificate program in CNC production specialist.

The college awards more than \$30-million in scholarships through its TCC Foundation.

Contact senior staff writer and higher ed reporter Byron at bdobson@tallahassee.com or on Twitter @byrondobson.

HIGHER ED



Florida A&M University celebrated spring commencement May 4. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Florida A&M hosted a homecoming parade Oct. 6, 2018.

ALICIA DEVINE/TALLAHASSEE DEMOCRAT



FAMU fans cheer for their Rattlers as they take on Savannah State at Bragg Memorial Stadium on Sept. 22, 2018. ALICIA DEVINE / DEMOCRAT

HIGHER ED



Crews continue construction on the new Florida State University Student Union at the corner of West Tennessee and North Woodward Avenue July 19.



A cheerleader smiles in the air during FSU's homecoming game against Wake Forest at Doak S. Campbell Stadium Saturday, Oct. 20, 2018. PHOTOS BY TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

HIGHER ED



Abigail Hartung and Greg Clark, Tallahassee Community College students in an integrated reading and writing course, work on a white board at the start of class Jan. 17.

PHOTOS BY TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Tricia Rizza teaches an integrated reading and writing course at Tallahassee Community College Jan. 17. TCC is focusing on smaller class sizes.

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4 BUSINESS

Go from college cool to brainy Innovation Park

TaMaryn Waters Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

It's amazing how much has changed in a year if you take a look around Tallahassee's business sector.

Overall, many businesses and innovators are finding their sweet spot by offering niche attractions, delicious food and cutting-edge technologies. Drive around town, and you'll see the changes.

Returning residents often marvel at what's taken place. Here's a snapshot of four existing and evolving areas that are reshaping how people enjoy and brag about their beloved Tallahassee. **Continued on next page**

CollegeTown is home to FNBP — the Friday Night Block Party during football season. Epic tailgating ensues within walking distance of high-rise apartments on and around Gaines Street and the CollegeTown entertainment district.



The Wilbury on Gaines Street draws college crowds. JOE RONDONE/TALLAHASSEE DEMOCRAT

BUSINESS

Continued from previous page

Bannerman Crossings

This area has something for everyone, especially families. It's easy to spend a day at Bannerman Crossing, exploring and popping in and out of its three dozen stores, businesses and restaurants.

Babies and toddlers beat lollipop drums, dance and make noise with shakers at Verity Health Chiropractic music therapy class. Want to work out? There's American Fitness and Hot Yoga Tallahassee. Boutiques like Silver Lining Boutique, Lucky & Charmed and ooh la la Boutique are stocked with darling finds.

The eats are tempting, too. Bannerman Crossings boasts landmark and upscale restaurants, like Mom and Dad's Italian Restaurant and Blue Halo. Or more relaxed fare at the Wharf Casual Seafood and Moe's Southwest Grill.

One of the more exciting new additions is Hangar 38, a video arcade and restaurant rolled into one collision of flashing lights, dings and beeps. Think Dave & Busters, Tallahassee style.

The shopping plaza is located on the corner of Thomasville and Bannerman roads. It's grown considerably since Walgreens was its first tenant in 2005. By 2020, the first wave of upscale homes and townhouses will round out the residential side of this mixed-use concept.

CollegeTown

This is let loose territory. College students and young adults swarm the CollegeTown area for its vibrant bar and restaurant scene and night life.

Some of the most popular hot spots include: The Wilbury, a bar and music venue that lands local and national acts; the Warhorse and the Township. Smack in the middle of Recess Club, a South Beach-esque bar, is a pool where you can take in the city's skyline overlooking Doak Campbell Stadium.

CollegeTown is home to FNPB — the Friday Night Block Party during football season. Epic tailgating ensues within walking distance of high-rise



Emory Tucker, 3, tests his accuracy to see how many clowns he can knock down while playing games at Hangar 38 on June 27. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

apartments on and around Gaines Street and the CollegeTown entertainment district.

Restaurants like Madison Social and Tin Lizzy's Cantina come alive during football season. Other spots for good eats include Coosh's, Little Masa for your Asian fusion favorites and Magda's for hand-scooped ice cream and savory bites.

If you want a taste of the cool kid life, CollegeTown won't disappoint.

Innovation Park

Robust research and advanced technology is the cornerstone of Innovation Park.

It's home to three dozen groundbreaking companies and university-driven institutions pushing the boundaries of science. Chief among them is the National High Magnetic Field Laboratory.

Locals affectionately called it the MagLab. A simple moniker, yes. But more than 1,000 scientists flock to the MagLab to test their theories.

The MagLab is Disneyland for re-

searchers. Instead of Mickey Mouse, the preeminent lab has dozens of magnets flexing record-breaking muscle and a budding economic ecosystem that's setting the stage to attract businesses and innovations tied to the magnetic field.

The MagLab, with its \$182 million economic impact nationally and \$121 million in Florida, is projected to generate more than 25,000 jobs and have a \$2.4 billion economic impact.

Danfoss Turbocor — the world's leading producer of energy-saving compressors — employs 25,000 people in more than 100 countries. It chose Tallahassee because of the MagLab. Within less than a decade, its workforce here swelled from 30 to 200 employees representing two dozen countries.

Another notable nod goes to FSU's High-Performance Materials Institute. Here a specialized, next-generation foam was developed. The U.S. Department of Veterans was initially interested in this foam for more comfortable

Continued on next page



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BUSINESS



Steve Burgess, a retired attorney, and Seth Ablordeppeuy, a FAMU professor, who have been friends for at least 25 years, meet for lunch at Earley's Kitchen on July 18. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

Continued from previous page

prosthetics, said Gary Ostrander, FSU's vice-president for research, in a recent column.

"It also turned out to have some commercial applications because it has the novel property of expanding on impact," he said.

SoMo

The South Monroe Street corridor is a two-sided coin.

Areas closest to the capital are seeing radical shifts while much of the heavily traveled thoroughfare appears frozen in time.

The immediate area is also poised for an estimated \$7-million infrastructure improvements, including medians from FAMU Way and Oakland Ave-

nue to Magnolia Avenue. Sidewalks are getting a boost, along with lighting, landscaping and more place-making signs.

There's no question, though, this stretch of Tallahassee is growing.

A TLH outdoor sculpture at Cascades Park was crowned one of the most "Instagrammable" images of the capital city by Visit Tallahassee.

Walkers stroll and bikers zip across the canopy-covered bridge connecting Cascades Park, Tallahassee's Central Park built from the ashes of a polluted brownfield, to the south side.

New businesses are moving in or have relocated.

Proof Brewing Co. — Tallahassee's first and largest brewery — jumped from Railroad Square Park to roomier digs in the former Coca Cola bottling plant earlier this year.

Across the street in a former gas station, Happy Motoring is a bar and food truck hub next door to landmark Shell Oyster Bar.

It's an example of the old and new businesses creating an eclectic offering in an area dubbed by some as "SoMo."

Some of Tallahassee's favorite restaurants remain a fixture. Olean's Cafe on South Adams Street serves comfort and soul food and gets the occasional drop in from political powerhouses like former Vice President Joe Biden, former Florida Governor Charlie Crist and the Revs. Jesse Jackson and Al Sharpton. Over on South Monroe, Early's Kitchen has been dishing up breakfast and country cooking for 30 years.

Email economic development reporter TaMaryn Waters at twaters@tallahassee.com

BUSINESS



Columbia Ph.D. candidates Josh Swann, left, and Yihang Zeng work with Columbia undergraduate student Anna Okounkova on an experiment at the MagLab on July 17. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



A GreenWise Market employee prepares sushi as community members tour the store by Publix during a preview event Oct. 3, 2018 in the CollegeTown area.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

BUSINESS



Jeffrey Tucker, 11, races on a motorcycle with his friend Will Brown, 10, on a summer afternoon at Hangar 38 in Bannerman Crossings. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Patrons hold up shots in a toast at Potbelly's Bar near the FSU Campus on Sept. 22, 2018.
TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

BUSINESS



Lochlan McMillan, 5, watches to see how many tickets he has won after showing off his strength at Hangar 38 in Bannerman Crossings on June 27. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Daniel Gibson, a produce manager, prepares the produce section of the GreenWise Market in the CollegeTown area.
TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



FAMU-FSU College of Engineering Assistant Professor Christian Hubicki talks about Cassie, a new bipedal robot being used as a research tool in the college in Innovation Park Feb. 28. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

BUSINESS



Amy McKenna, head of the ICR User program, conducts an experiment at the MagLab in Innovation Park on July 17. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Madison Social in the CollegeTown area near Gaines Street and Woodward Avenue, which draws a crowd before and after Florida State games. JOE RONDONE/TALLAHASSEE DEMOCRAT

5

NEIGHBORHOODS

From bungalows to condos, find welcoming charm

Marina Brown Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

If older neighborhoods “evolved,” Southwood was born “all at once” in 1999. A master-planned site on 8,700 acres off Capital Circle S.E., the development offers parks, trails, lakes, schools and a large community-events center, as well as nearby shops and services.

Since time began there has been a natural tendency for people to want to live in groups— to build houses side by side, eat food together, rear children with their peers — and simply enjoy what could be called a “yearning for community.”

Tallahassee, with its dozens of diverse neighborhoods, gives the opportunity to live in proximity to what you value — a special park, a short commute, a canopy of trees. Among the sought-after, longtime neighborhoods, is the Northside’s Killearn Estates, west of Thomasville Road — built in 1964 on former dairy farm land and now grown to 3,800 mostly upscale homes. **Continued on next page**



A view of homes down a Southwood neighborhood street.

ALICIA DEVINE/TALLAHASSEE DEMOCRAT

NEIGHBORHOODS



Farm Manager David Newman picks peppers at Liberty Farms, a large garden in the Levy Park neighborhood, on July 3.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

Continued from
previous page

Others would prefer spanking new dwellings like those found at Canopy, a 500-acre, mixed-use development between Fleischmann Road and Welaunee Boulevard. Whatever your preference, new, established, or just filled with character, there is a warm and welcoming community waiting for you here.

Here is a quick overview of some of the interesting neighborhoods Tallahasseeans call home.

Levy Park

Like many near-town neighborhoods, most of Levy Park's homes were be-

gun in the 1940s. With an average size of just over 1,000 square feet, the houses had front porches, backyards, and were perfect for the post-war boom. Today, the manicured lawns and freshly painted bungalows, as well as a community garden, potluck suppers and verdant trees is drawing a variety of residents.

From government employees to artists and musicians, to retirees and students in the new townhouses dotting the streets, Levy Park, located between Fourth Avenue to the South, Monroe Street to the East, W. Tharpe Street to the North and Gibbs to the West, is loving its renaissance and livability cache.

Betton Hills

Another longtime neighborhood in the slightly ambiguous designation, "Midtown," is Betton Hills. Centered between Woodgate on the North, Seventh Avenue on the South, Centerville

Road on the East, and Thomasville to the West, it is made up of 800 homes in an area first developed in the 1940s. It grew in the 1960s and enlarged with new streets in the 1980s.

Continued on next page

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NEIGHBORHOODS

Continued from previous page

Proud of its “canopy-tree” designation, long-leaf pines, magnolias, and century oaks, let Betton call itself an urban forest. Close to an elementary, a middle, and a high school, the residents also enjoy walking-distance to five parks, among them Winthrop, McCord, and Harriman Circle. From ice cream socials to egg hunts to Christmas caroling, the mostly white-collar residents are devoted to their increasingly popular neighborhood.

Southwood

If older neighborhoods “evolved,” Southwood was born “all at once” in 1999. A master-planned site on 8,700 acres off Capital Circle S.E., the development offers parks, trails, lakes, schools, and a large community-events center, as well as nearby shops and services.

With numerous governmental offices nearby and quick access to universities, Southwood’s homes range from townhouses to large custom estates and appeal to those in the upper income ranges of white-collar residents. Southwood is home to the annual Turkey Trot race, bringing an influx of thousands to the neighborhood on Thanksgiving.

Indianhead Acres

Newcomers may wonder, at first, at the unique street names of Indianhead Acres. Each one carries the word “Nene” (nee-nee), as in “Heechee Nene” or “Ohbah Nene.” In the Muskogee Creek language, Nene means “trail.” Beneath the



While climbing a tree at Optimist Park in Indianhead Acres, Andrew Sprague, 11, left, and his friends Jackson Sprague, 13; Harrison Sanders, 9; Jackson Hamilton, 11; Elaine Hamilton, 5 and Toby Sprague spot a bird's nest. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

average 1,500 square foot homes built from the ‘70s through ‘90s, have been found ceremonial Indian mounds and ancient artifacts.

Located between Old St. Augustine Road, Orange Avenue, Jim Lee Road, and Magnolia Drive, with its 900 homes and Optimist and Koucky parks nearby, the middle-income neighborhood of brick, ranch-style homes is close-knit and affordable.

Tuskegee

When you find a neighborhood you love, you make a commitment. That is the belief of City Commissioner Curtis Richardson and his wife, Judge Nina Ashenafi Richardson. For 22 years they have lived in the mostly African-American neighborhood of Tuskegee, a community developed in the 1940s and 50s between

Orange Avenue and Pasco Court.

With its blend of retirees and both professional and working-class residents, the proximity to Bethel AME and Tabernacle Missionary Baptist Churches gives a cohesion to the neighborhood. Sprawling lawns and high-square footage brick homes, make Richardson and his wife “residents for life.”

Whether you choose to live in a neighborhood that

developed before Tallahassee became the capital in 1845, in one that rapidly grew with air-conditioning and a post-war baby boom, or in a newly constructed, planned community — even one made of only condominiums, the friendliness that seems to define Tallahassee will likely be yours.

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NEIGHBORHOODS



Winston pulls his owner Blake Hicks so he can scope out the rose garden in Betton Hills on July 12. PHOTOS BY ALICIA DEVINE/TALLAHASSEE DEMOCRAT



A view of homes from the golf course in Southwood July 12.

NEIGHBORHOODS



President of the Levy Park Neighborhood Association
John Turner speaks during a meeting at the Tallahassee Board of Realtors office to discuss the building of a parking structure in Midtown on Jan. 28. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Ella Nelson, 4, swings at Optimist Park in Indianhead with her mother Lisa Nelson, as they enjoy an afternoon with friends. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Judge Nina Ashenafi Richardson, City Commissioner Curtis Richardson and their daughter Aida Richardson, 14, are proud members of the Tuskegee Neighborhood. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

NEIGHBORHOODS



Golfers play at Southwood Golf Club Sunday, July 14. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Twin sisters Irene, left, and Vivian, 3, play together at a park in Betton Hills July 11. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

6 FAITH

Rainbow of faith spans the spiritual spectrum

Marina Brown Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Of the many, many different Christian faiths and denominations in Tallahassee, by far the greatest number of churches (51 in 2010) identify as Baptist — though there are subgroups within that category.

Tallahassee is much like other mid-size cities in the American South — it takes its religion seriously. Just under 50% of Tallahasseans consider themselves religious and practice their faiths. And in our city, there are many faiths to choose from. From established Christian traditions, including Protestant, Catholic, Orthodox, and Evangelical practices to Muslim, Buddhist, Hindu, Bah'i, Judaic beliefs, there is a worship service available.

Here are six different religious traditions found in Tallahassee among the many others that inspire our residents' devotion. **Continued on next page**



Patrick Mason, director of the African-American studies program and professor of economics at Florida State University, poses for a photo in St. John Missionary Baptist Church in the Bond Neighborhood on July 3. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Tibetan Drepung Gomang Monks create a sand mandala with dyed sand particles at Unitarian Universalist Church of Tallahassee in 2015. The sand mandala is constructed to represent teachings from the esoteric Buddhist textual tradition and after it was completed, it was deconstructed to symbolize the impermanence of all things. JOE RONDONE/TALLAHASSEE DEMOCRAT FILES

Continued from previous page

Buddhism

The Chan Center at 1310 Paul Russell Road is the largest of at least 8 Buddhist groups in Tallahassee. With its large meditation rooms, yoga facility, gardens, and retreats, practitioners there follow the teachings of the 4th century Indian ascetic who came to be known as the Buddha. Through meditation, followers hope to attain personal awakening to the interconnectedness of life; through mindfulness to gain compassion and wisdom; and perhaps one day even to achieve Enlightenment and the release from a cycle of death and rebirth called Nirvana.

Greek Orthodox

Each spring Tallahassee residents attend Holy Mother of God's Greek Food Festival, accompanied by music and folkloric dance. But Greek Orthodox, Russian Orthodox, Coptic and

other "orthodox" religions are often more about the cultural and interpretive differences of theology than in their actual practices. These divisions occurred when the Early Christian Church split between the Roman tradition and the more Hellenistic and Semitic cultures —Western versus Eastern practices. At Holy Mother of God Greek Orthodox Church, 1645 Phillips Road, gilded icons of saints adorn the altar, incense hangs in the air, and bearded priests give a sense of the ancient Eastern connection to Christendom.

Roman Catholicism

It is estimated that approximately 66% of Christians worldwide are Roman Catholic — though that figure may be diminishing. Here in Tallahassee there are six worship venues for Catholics — though of those practitioners it is likely only about 14% attend services regularly. With its adherence to the seven sacraments and the Bishop of

Rome, or the Pope as the head of the governing body of bishops, Roman Catholicism differs from other Christian faiths.

Good Shepherd Church on Thomasville Road and St. Eugene Catholic Mission on Gamble Street are among the largest and smallest Catholic houses of worship in Tallahassee.

Baptist

Of the many, many different Christian faiths and denominations in Tallahassee, by far the greatest number of churches (51 in 2010) identify as Baptist — though there are subgroups within that category. With core beliefs that often include adult Baptism through immersion and the primacy of the Bible as the sole authority on faith, Baptists are seen as one of the earliest of evangelical religious groups.

In Tallahassee, Bethel Missionary Baptist Church, a prominent mostly

Continued on next page



Hala Muhammed bows her head in prayer during a Friday prayer service at the Islamic Center of Tallahassee, March 15.

ALICIA DEVINE/TALLAHASSEE DEMOCRAT

Continued from previous page

African American church at 224 N. Martin Luther King Jr. Blvd, was originally founded in the 1830s when the Baptist church split over the issue of slavery. Today 45% of African Americans identify with a Baptist denomination.

Judaism

Among the most ancient of religions, Jews revere Abraham as the founder of the faith some 4,000 years ago, and Isaac and Moses among its major prophets. Known as "People of the Book," worldwide, 14 million Jews study Torah, Talmud and other religious texts for their internal meaning. Faith practices differ in the Orthodox, Conservative and Reformed traditions

from the very strict to more secular.

There are houses of worship in Tallahassee for each of these: Temple Israel (Reform) 2215 Mahan Drive; Chabad Lubavitch (Orthodox) on the FSU campus; and Congregation Shomrei Torah, (Conservative) at 4858 Kerry Forest Pkwy.

Islam

Tallahassee has two mosques: The Islamic Center at 1020 Pensacola Street and the Masjid al Nahl at 3617 Old Bainbridge Road. Founded some 600 years after Christianity by the Prophet Muhammad, Muslims believe that revelations from the angel Gabriel were the complete and final versions of the early religions given to other prophets, Abraham, Moses and Jesus.

The world's second largest religion,

Islam's Holy Quran lays out requirements for living in society and for worship. It is believed by Muslims to be the universal Word of God. Differences in dress and behavior are often cultural or interpretive with 24% of the world's population ascribing to Islam.

According to a 2010 count, there were 65 different religions, denominations, or variations in worship practice in the Tallahassee area. Today, there may be more groups that have banded together with no denomination for the purpose of worship in the community of others.

Most (53 of the total) profess to being Christian, but an overview of spiritual practice in Tallahassee suggests that the city holds its arms wide to those who do not. That sense of inclusion is but one of the ways our city demonstrates its welcome.

FAITH



Trinity United Methodist Church Building on May 9. The church is planning for its 200th anniversary in 2024. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



A multiple exposure photograph of two Qurans and Faaiza Shaikh praying during a Friday prayer service at the Islamic Center of Tallahassee, March 15.

ALICIA DEVINE/TALLAHASSEE DEMOCRAT

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FAITH



The Fantle family sits together and comforts each other during a service honoring the lives of the victims of the shooting at Tree of Life Synagogue in Pittsburgh, Pa. The service was held at Temple Israel in Tallahassee, Oct. 29, 2018. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



The Holy Mother of God Greek Orthodox Church hosts an annual Greek Food Festival with music and dancing. DEMOCRAT FILES

FAITH



Shanah Luhmann prays at the Blessed Sacrament Catholic Church Jan. 18, 2018, as the church celebrated 20 years of perpetual Eucharistic Adoration. The ritual involves around-the-clock prayer in the room with at least one parishioner present at all times, which began at the church on Jan. 26, 1998. JOE RONDONE/TALLAHASSEE DEMOCRAT



Churchgoers
pray in the
ornate Holy
Mother of God
Greek Orthodox
Church.
DEMOCRAT FILES

7

FESTIVALS

Cultural diversity is on parade at annual celebrations

Kati Schardl Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Since the inaugural fest in 2015, [Word of South] has grown in scope and popularity, with the 2019 festival featuring 80-plus performers participating in three days of workshops, readings, book signings and panel presentations.

A community is defined by the events that bring people together. Tallahassee loves its festivals and during the height of festival season in the fall and spring, you can find people gathering to celebrate literature and music, cultural heritage, art, nature and more. This look at seven sensational fests merely skims the surface of fun gatherings in the area.

Continued on next page



The Deer play at The Moon during the Word of South festival April 14. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

FESTIVALS



Groups and organizations take to Monroe Street as fans cheer them on during the 2019 Springtime Tallahassee Parade. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

Continued from previous page

Harambee Festival

Florida A&M University sponsors the annual Harambee Festival in February to celebrate Black History Month. The fest's motto is "Inspiring Unity in the Community," and it lives up to those words with a day of spoken word, music, dance, fashion, African drumming, workshops and seminars, health screenings and more in Cascades Park. Everyone is welcome to partake of the panoply. The 2020 lineup hasn't yet been announced but you can peruse the previous year's offerings and get excited for what's to come at www.famunews.com/harambee-festival-2019/.

Springtime Tallahassee

When the city is in full bloom, folks know it's time for Springtime Tallahassee, the annual festival celebrating local history and natural beauty in late March. Since the first festival in 1968,

Springtime Tallahassee has expanded to include a Friday night music fest to kick off the weekend's events, which include the popular Grand Parade in which krewes representing different historical eras strut their stuff and marching bands thrill the throngs gathered along the parade route. The Jubilee in the Park showcases art, local and national entertainment and food, with a special Children's Park for the young 'uns. The 2020 festival blooms March 27-28. Visit www.springtimetallahassee.com.

Word of South

Held in early April, Word of South brings internationally known writers and musicians together with local and regional scribes and bards in Cascades Park for a feast of literature and music. Since the inaugural fest in 2015, the event has grown in scope and popularity, with the 2019 festival featuring 80-plus performers participating in three days of workshops, readings, book signings and panel presentations.

There are children's activities and performers for the small set, too. Best of all, almost all events are free. Past performers have included authors Jeff VanderMeer, Padgett Powell, Ann Patchett, Peter Guralnick, and Lauren Groff, and musical acts The Avett Brothers, Vernon Reid, the Secret Sisters, the Iguanas, Steve Forbert, Bruce Cockburn, Suzanne Vega, Jason Isbell and Amanda Shires. Check www.wordofsouthfestival.com for announcements concerning the lineup for the 2020 fest, which takes place April 3-5.

Chain of Parks Art Festival

The Downtown Chain of Parks transforms into an al fresco art gallery every year in mid-April for a festival hosted by LeMoyne Art Foundation. The two-day juried fine arts fest attracts upward of 170 local, regional and national artists who display and sell their paintings, ceramics, sculpture, jewelry, fabric art and other original

Continued on next page

FESTIVALS



Matsuriza performs on the drums at Experience Asia 2018. ASHLEY WHITE/TALLAHASSEE DEMOCRAT FILES

Continued from previous page

and one-of-a-kind works. The festival also features food trucks, live entertainment and children's activities. The 2020 fest takes place April 18-19; find out more at www.chainofparks.org.

Experience Asia Festival

The Asian Coalition of Tallahassee showcases the diversity of Asian and Asian Pacific cultures at this colorful annual fest held in early October. There are food booths, art and crafts vendors and two stages hosting music and dance performances highlighting the cultures of Japan, the Philippines, India, the Middle East, Indonesia, China, Taiwan, Korea and the Polynesian Islands. It's free and open to all. Visit www.asiantlh.org to find out more.

Gaines Street Fest

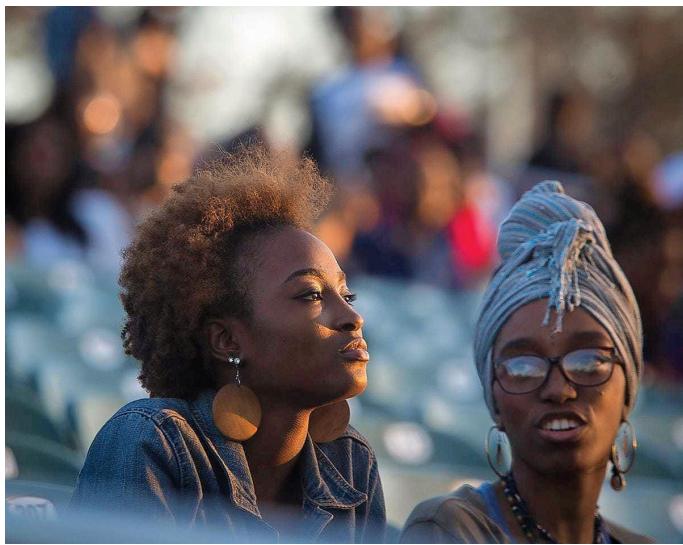
Eclectic, alternative, funky and spunky, the Gaines Street corridor keeps it real and lets its freak flag fly at a day of music, food and fun hosted at the shops, bars and outdoor spaces along Gaines Street. An ear-boggling array of bands performs throughout the day and into the night on five stages, and shops such as Avant Garb and Olde Fields Clothing offer special sales. There are interactive art experiences, information stations staffed by community organizations and more at the free fest. This year's festival takes place Nov. 9, 2019. Check it out at <https://www.facebook.com/events/2168105026575913/>.

Opening Nights at Florida State University

What began as Seven Days of Opening Nights in 1999 has evolved into Opening Nights at FSU, a festival that spreads its bounty of music, dance, theater and art from fall through spring, with the main concentration of events in February and April. The curated fest is ticketed, with special savings offered to Opening Nights members and to students.

Events take place in Ruby Diamond Concert Hall and other FSU venues, as well as at Tallahassee Community College's Turner Auditorium, Goodwood Museum & Gardens and other locations in the community. The 2019-20 season has been announced and kicks off with a concert by St. Paul & the Broken Bones Sept. 16 in Ruby Diamond. Get all the news you need about Opening Nights at <https://opening-nights.fsu.edu>.

FESTIVALS



Scenes from FAMU's Harambee Festival at Cascades Park.
ALVIN MCBEAN/TALLAHASSEE DEMOCRAT FILES



Johnathon Demorest Jr., 6, dances as he gets beads at the Springtime Tallahassee Grand Parade March 30.
ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Melissa Findley, left, and Jessy Reaves enjoy looking at paintings. Throngs of art lovers enjoyed the work of fine art painters, photographers, sculptors and other unique artists at the LeMoyne Chain of Parks Art Festival April 27.
ALICIA DEVINE/TALLAHASSEE DEMOCRAT

FESTIVALS



Concertgoers settle in for a performance by Smokey Robinson as part of the Opening Nights series at the Ruby Diamond Concert Hall in 2017. This year kicks off with St. Paul & the Broken Bones on Sept. 16.

JOE RONDONE/
TALLAHASSEE
DEMOCRAT FILES



Experience Asia 2018 drew thousands to downtown Tallahassee. ASHLEY WHITE/ TALLAHASSEE DEMOCRAT FILES

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8

ATTRACTIOnS

History and art spill outside at museums

Kati Schardl Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Educator and civic leader John Gilmore Riley was one of the few African Americans in Tallahassee to own property at the turn of the century. He built what became known as the Riley House in 1890 on the edge of the historic Smokey Hollow community, 419 E. Jefferson St.

If you're outdoorsy,indoorsy, into history, a culture vulture or just plain want to chill, there's a Tallahassee attraction for you. Here's a quick look at eight great ones. And there are so many more — get out there and find your favorite!

Continued on next page



Althemese Barnes, founding director of the Riley Foundation, sits in the Riley House with a poster promoting her project, which centers around the oral history of Katherine Speights, a Tallahassee resident who grew up during the era of Jim Crow and the Civil Rights movement. ANDREW SALINERO/TALLAHASSEE DEMOCRAT FILES

ATTRACTIOnS

Continued from previous page

Tallahassee Museum

Want to see Florida panthers playing, watch a black bear snoozing in the sun or be beguiled by otter antics? Head for the Tallahassee Museum, 3945 Museum Drive, where an elevated boardwalk takes visitors on a stroll through displays of native animals in natural habitats.

The museum also boasts a Big Bend Farm where visitors can see how North Florida pioneers lived, a guest animal habitat where more exotic critters are housed, and historic buildings such as Bellevue Plantation house, Bethlehem Missionary Baptist Church, the Concord Schoolhouse and a Seaboard Airline Caboose (a hit with kids, who love to clamber aboard).

Located on the shores of Lake Bradford, the museum's 52-acre campus also offers zip-line adventures, educational programs and summer camps, daily animal encounters, an art gallery, a cafe and a gift shop chock-full of fun and educational souvenirs.

Visit www.tallahasseemuseum.org.

John G. Riley Center/Museum of African American History & Culture

Educator and civic leader John Gilmore Riley was one of the few African Americans in Tallahassee to own property at the turn of the century. He built what became known as the Riley House in 1890 on the edge of the historic Smokey Hollow community, 419 E. Jefferson St.

The home has been renovated and refurbished and was listed on the National Register of Historic Places in 1978. It's now a repository of African American history and culture and is included on the Florida Black Heritage Trail. The Riley Center offers individual and group tours of the house and sponsors tours of other sites significant to the area's African American history.

It also offers an array of educational and living history programs, art exhib-



Joshua Butler, a FAMU student, 21, cruises through Cascades Park Saturday morning, July 20. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

its, community events such as the Blended Lives cultural exchange program, archival resources and much more.

Visit www.rileymuseum.org.

Mission San Luis

Native American and early Florida colonial history come together at Mission San Luis, 2100 W. Tennessee St., a National Historic Landmark that recreates the village where the Apalachee Indians and Spanish colonizers lived together in the late 17th and early 18th centuries. The majestic reconstructed Apalachee council house is the largest historic-period Indian building in the Southeast.

The verdant grounds also include a mission church (site of an annual commemorative mass and the yearly Blessing of the Pets), the El Castillo de San Luis fort, a blacksmith shop, gardens growing food crops and medicinal plants, and a Spanish house where

you can see how early colonists lived. The exhibit gallery houses period art and artifacts as well as archaeological treasures. Living history demonstrations, workshops and festivals such as the annual Winter Solstice Celebration and Spanish Colonial Adventure Day bring the past to life.

Visit www.missionsanluis.org.

Cascades Park

The 24-acre Cascades Park, 1001 S. Gadsden St., is a community gem that serves as a gathering place and festival grounds for all Tallahasseeans. The Imagination Fountain splash pad is a water play area by day and a spectacle of lit-up water jets dancing to music by night on Friday, Saturday and Sunday. The Capital City Amphitheater hosts national and regional musical acts and provides a stage for the annual Shakespeare in the Park performances and

Continued on next page

ATTRACTIOnS

Continued from previous page

other events.

The park also includes a Discovery Zone playscape, Prime Meridian Plaza (where you can see the marker set in 1824 to serve as the beginning point for all land surveys in Florida), the Smokey Hollow Commemoration area, a manmade waterfall and the Korean War Memorial. More than 2 miles of pathways wend through the park.

Visit <https://www.facebook.com/DiscoverCascades> or www.talgov.com/parks/parks-cascades.aspx.

Florida Historic Capitol Museum

Built in 1845, just before Florida's entry into the Union as the 27th state, the Historic Capitol was almost demolished in the late 1970s to make way for the new Capitol Building that towers behind it. A citizens initiative saved the classic building, which has been restored to its 1902 appearance.

The jaunty red-and-white striped awnings on the exterior draw visitors to the cool and gracious interior to see such architectural highlights as the art glass dome, the grand staircase in the rotunda and the former House and Senate chambers. The museum, 400 S. Monroe St., hosts exhibitions of art and artifacts exploring Florida's history as well as community events such as free movie nights. While you're there, step across the plaza and explore the new Capitol Building, where an elevator ride to the 22nd floor offers a panoramic view of Tallahassee.

Visit www.flhistoriccapitol.gov.

Museum of Florida History

Florida's long and colorful history — from its prehistory to the time of the earliest Native American residents to the present day — is showcased in ingenious displays and interactive exhibits at the Museum of Florida History in the R.A. Gray Building, 500 S. Bronough St.

One of the museum's showpieces is its mastodon skeleton, which never fails to stun small visitors into open-



The mastodon skeleton at the Museum of Florida History is a big draw for kids.

JOE RONDONE/TALLAHASSEE DEMOCRAT FILES

mouthing admiration. Children also love exploring Grandma's Attic. The museum also operates the historic Knott House on Park Avenue.

Visit www.museumoffloridahistory.com.

Alfred B. Maclay Gardens State Park

New York financier Alfred B. and Louise Maclay first planted these ornamental gardens for their winter home on the shores of Lake Hall in 1923. Today, the 1,176-acre park at 3540 Thomasville Road, which was donated to the state in 1953, is a lush oasis with brick pathways, a charming secret garden (a popular site for weddings), a reflection pool, a walled garden and gorgeous masses of camellias and azaleas.

It's an oasis that draws cyclists, hikers, paddlers, swimmers, geocachers, gardening enthusiasts, picnickers and birdwatchers. The park also hosts events such as the annual Moon Over Maclay jazz concert.

Visit <https://www.floridastate-parks.org/maclaygardens>.

Edward Ball Wakulla Springs State Park

Just a short 14-mile drive south of Tallahassee, one of the world's largest and deepest first magnitude freshwater springs is the centerpiece of the 6,000-plus-acre state park named for DuPont family financial manager and Florida mover-and-shaker Edward Ball. Visitors can leap from the diving platform into the clear 70-degree water, take jungle boat cruises down the Wakulla River (where manatees, alligators and many species of birds can be seen), hike or cycle the park's trails and stay overnight in the historic Wakulla Springs Lodge, 465 Wakulla Park Drive.

The lodge itself is a historic gem with painted wooden beams, slate floors, a massive lobby fireplace and a fine dining room. Fun fact: Scenes from the cult classic "Creature from the Black Lagoon" and a Johnny Weissmuller-era Tarzan movie were filmed at Wakulla Springs. Regular programs and events explore the history of the area, which is an ongoing archaeological site.

Visit <https://www.floridastate-parks.org/parks-and-trails/edward-ball-wakulla-springs-state-park>.

ATTRACTI0NS



Charles White, left, and his friend Dr. Felita McNeill enjoy conversation with one another while looking at a peaceful view from a shaded area in Maclay Gardens June 28. PHOTOS BY ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Adriana Vidal takes a photo of her daughter Catalina Zabarain, 10, as she swings the gavel and calls the court to order during their visit to the Florida Capitol Museum June 28.

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www.TallahasseeSeniorFoundation.org](https://www.Facebook.com/TallahasseeSeniorFoundation)

ATTRACTI0NS



Children and families flocked to the Cascades Park splash pad as temperatures reached the high 90s on June 23.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



Winter Solstice
Celebration
attendees listen
as the game of
stickball is
explained at
Mission San Luis.

ASHLEY WHITE/
TALLAHASSEE
DEMOCRAT FILES

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Florida's History

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Explore two centuries of the American experience, from slavery to civil rights, at The Grove Museum.

**THE
GROVE
MUSEUM**

thegrovemuseum.com



Learn about life during the 1930s Depression era and the 1865 announcement of the Emancipation Proclamation at Knott House Museum.

**KNOTT HOUSE
MUSEUM**

knotthousemuseum.com



Interact with Tallahassee's colonial past at Mission San Luis, Florida's Apalachee-Spanish Living History Museum.

Mission San Luis

missionsanluis.org



Journey through 12,000 years of life in Florida at the Museum of Florida History.

M · F · H *Florida
History*

museumoffloridahistory.com

Florida Department of State



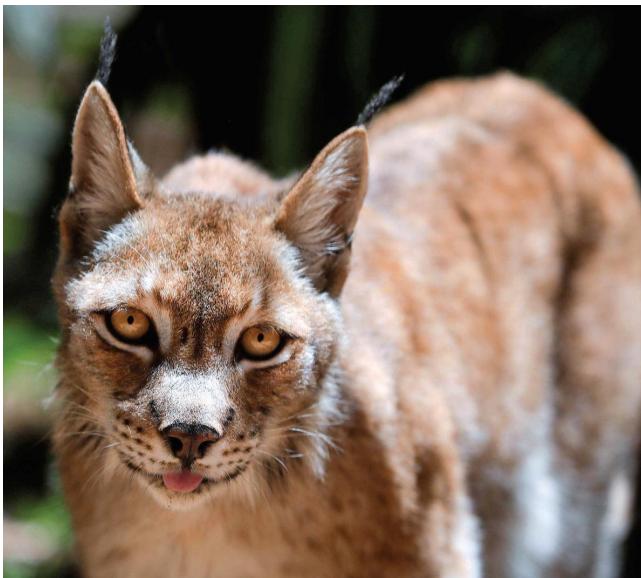
Museums
and Historic Sites

For more information such as hours and location, visit DOS.MyFlorida.com/Museums.

ATTRACTI0NS



Kids jump off the second level of the diving deck as a crowd on a boat tour cheer and clap for them at Wakulla Springs on July 6. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



The Tallahassee Museum's new guest animal, a Eurasian lynx, explores his new habitat May 23.

TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

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DINING

Eateries speak to our past, future

Rochelle Koff Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

Tallahassee is fortunate to have so many wonderful restaurants, and they're an eclectic bunch: Funky. Elegant. Healthy. Decadent. Exotic. Folksy.

We have so many worthy choices, in fact, it was mighty difficult to keep this list to nine essential restaurants. These are examples of dining choices, with a pub we couldn't leave out, that capture the many sides of Tallahassee. They speak to our past, our present and perhaps, our future.

It's likely you have your own list of must-try places but if you haven't been to some of these, give them a try. I've also included some other gems you won't want to miss.

Continued on next page

Owned by chef Terry White and sommelier Craig Richardson, the team behind Sage, II Lusso emerged as a place for powerful players during the legislative session.



Chris Cox minces garlic at Il Lusso, an upscale Italian restaurant and steak house, that opened Dec. 6, 2018, at 201 E. Park Ave., in downtown Tallahassee. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

DINING

Continued from previous page

Backwoods Crossing

Brothers Jesse and Tyler Rice transformed this squat white building on Mahan Drive, once called Stinky's Fish Camp, into a casual, farm-to-table destination. The 3 ½-acre farmette opened in May 2016 and it's been a hit ever since. The brothers grow an abundance of fresh vegetables, fruit, herbs and shiitake mushrooms. They also have 73 hens producing about 18,000 eggs a year. The on-site crops shine in dishes featured on the Garden Creations menu, which changes weekly. Backwoods Crossing recently added a Sunday brunch highlighting its fresh eggs and veggies. 6725 Mahan Drive; 850-765-3753.

Bird's Aphrodisiac Oyster Shack

This quirky eatery is popular with all generations who come for the ginormous burgers, Gulf oysters, barbecue slaw dogs and probably the best grouper sandwich in town. You pick your own toppings from a long list which includes bacon, peanut butter, assorted cheeses and grilled onions as well as your choice of spices — try Bird's own seasoning mix. The inside decor is dominated by movie posters and there's a small stage for live music, comedy nights and karaoke and there are picnic tables outside. 325 N Bronough St.; 850-222-1075, Bird's also has a branch in Crawfordville at 4518 Crawfordville Hwy.; 850-745-6073.

Grove Market Cafe

This bright, cheery breakfast and lunch nook has won a place as a destination for quality food that combines tradition with gourmet flair. And no wonder. The cafe is owned by David and Elizabeth Gwynn, chef/owners of Cypress Restaurant, known for fine dining for 19 years. At Grove, the Gwynns feature items like light, fluffy pancakes as well as avocado toast and sweet pig hash. Lunches include burgers, salads and "plates" — meatloaf, smothered chicken, shrimp and grits. You may also find surprises like cauli-



Bird's Aphrodisiac Oyster Shack hosts stand-up comedy on Wednesday and Sunday and serves a fab grouper sandwich. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

flower soup or lemon meringue pie. Dairy-free options are available and you can get any item gluten-free (bread, pancakes, French toast, waffles). 1440 Market St.; 850-894-5060. Tallahassee has so many breakfast choices, we have to mention at least some other top spots: The Egg Cafe & Eatery, Uptown Cafe, Jenny's Lunchbox, Bada Bean, Canopy Road, Lofty Pursuits, Earley's Kitchen and The Hideaway.

Homemade pastas and a fine assortment of steaks star on the menu along with items like duck, Cornish hen and osso buco as well as a half-pound wagyu beef burger (at lunch) and sinful desserts. Stop by for brunch on Saturdays. 201 E. Park Ave.; 850-765-8620. Other options for upscale meals include Mimi's Table, Savour, Sage, Blu Halo and Clusters & Hops.

Kool Beanz Cafe

The eclectic venue recently completed a renovation that added a more sophisticated look to the artsy space, but it retains its laid-back, friendly atmosphere. After all, the slogan here is: Eat, Drink & Talk Loud — You're Among Friends! Chef/owner Keith Baxter has been preparing creative dishes here for 23 years. His repertoire changes regularly but look for favorites like mojo chicken, pecan-floured trout and pepita cobia with poblano-corn salsa. Save room for desserts by pastry

Il Lusso

The Italian steakhouse is Tallahassee's new, high-end dining venture, anchoring the new headquarters for Florida lobbyist Brian Ballard. Owned by chef Terry White and sommelier Craig Richardson, the team behind Sage, Il Lusso emerged as a place for powerful players during the legislative session. White and Richardson created Il Lusso, which means "the luxury" in Italian, as a classier, urban presence in the capital city, perhaps testing the waters for future big-city endeavors.

Continued on next page

DINING

Continued from previous page

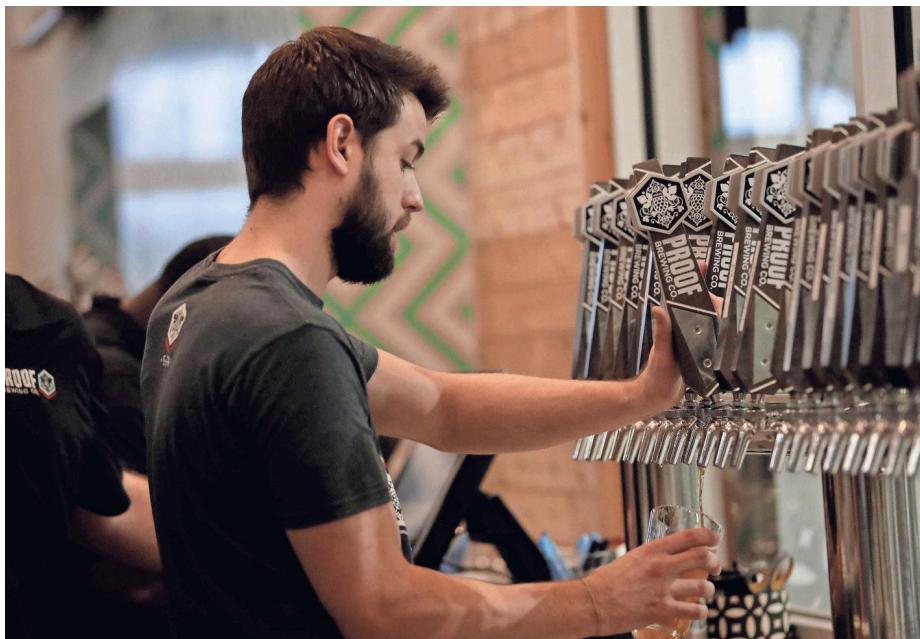
chef Sylvia Gould. Kool Beanz also has a separate room for private parties and Baxter is in the process of opening a lunch spot, K.B. Kitchen, at Lake Ella. 921 Thomasville Road; 850-224-2466. For another local, eclectic gem, check out Lucilla.

Mayuri Indian Restaurant

The Indian restaurant is a favorite for its entrees as well as its extensive buffet. One highlight: dosas, which resemble a rolled crepe or pancake with a paper-thin crispness available with a variety of fillings. Mayuri offers a complimentary mini-version during the lunch buffet, but you'll find more than 30 full-size dosas at dinner. Mayuri is moving to a larger location at 1234 Simpson Ave. (across from Buffalo Wild Wings) so call before visiting. We're expecting the same delicious Indian cuisine at Mayuri's new home. 1108 S. Magnolia Dr. 850-402-9993. For other adventurous choices, check out Korean BBQ, Tan's Asian Cafe, Real Serap, El Viroleño, Essence of India, Reangthai, Sahara Greek & Lebanese Cafe and Chi Chi's Cafe.

Olean's Cafe

This down-home restaurant, across from the FAMU campus, serves soul food with a pinch of politics and a generous helping of gospel music. Olean McCaskill, the friendly owner of this dining institution for more than 20 years, provides a large, homey buffet that includes smothered steak, oxtail, barbecue chicken, fried chicken and catfish plus sides of black-eyed peas, mac and cheese and greens. As for politics, Olean's is the home of the Obama Breakfast, a feast created during the 2008 election year to compete with a meager John McCain meal of eggs, grits and toast. The Obama breakfast, the winner, is still available. Joe Biden stopped here in 2016 and McCaskill named a fried chicken lunch after him. The iconic eatery is open for lunch and dinner. It's a soul satisfying experience. 1605 S Adams St.; 850-521-0259.



Kris Links, a bartender at Proof Brewery, pours drinks for customers during the soft opening of the new Proof Brewery, Feb. 1. ALICIA DEVINE/TALLAHASSEE DEMOCRAT



Fried oysters at the eclectic Kool Beans. JOE RONDONE/DEMOCRAT

Proof Brewing Company

Put this new production facility on your must-visit list. The 34,000-square-foot brewery, which spans a city block, includes a private tasting room, pet-friendly backyard beer garden and covered patio with table tennis and cornhole and an outdoor bar. Inside, there are long tables and cozier seating arrangements, TVs, foosball tables and table shuffleboard. The full bar pours about two dozen beer taps (primarily Proof's brands, including EightFive-O, Mango Wit, La La Land) wine, sangria and hand-crafted cock-

tails. Proof also features the restaurant Proper, from Brad Buckenheimer (Canopy Road Café) and Viet Vu (Izzy Pub and Sushi, Taco Republik), serving pub fare like burgers, hot dogs, poutine and wings plus surprises like a Vietnamese banh mi sandwich, cauliflower tempura and bratwurst dumplings. Stop by Sunday for a chill, fun breakfast. 1320 S Monroe St.; 850-577-0517.

Shell Oyster Bar

The family-owned restaurant is a longtime staple in Tallahassee, tucked away in a rustic spot located behind a fence across from Proof Brewing Company. It's BYOB, so unless you want to sip sweet tea bring your own spirits. Shell's will supply the fresh-shucked oysters (or get them fried). Shell's is also known for its fried seafood combos served with hush puppies and a side. Shell's is inexpensive but remember it's cash only. 14 FAMU Way; 850-224-9919.

Rochelle Koff writes about food and dining at TallahasseeTable.com, on Facebook@TheTallahasseeTable and Twitter @tallytable. Reach her at TallahasseeTable@gmail.com

DINING



Lea Sisic, a server at Grove Market Cafe, delivers an armload of eggs and waffles to a table during the Sunday brunch rush at the Market Street eatery July 7.



Jesse Rice, co-owner of Backwoods Crossing, tends to the chickens kept on the restaurant's property on July 3.

PHOTOS BY TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

The advertisement features a group of diverse professionals (men and women) smiling. The CareerSource Capital Region logo, consisting of three colored diamonds (orange, green, blue) followed by the text "CareerSource CAPITAL REGION", is positioned at the top. Below the logo, the tagline "We Know Where the Jobs Are" is written in large, bold, green letters. A subtext below the tagline reads: "Whether you're new to the capital area or you're looking to advance your career, let our no cost solutions work for you!"

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DINING



Amina Cordova laughs with her friend Megan Monroe as the two meet during their lunch breaks at Olean's Cafe July 3.



Il Lusso, an Italian restaurant and steakhouse, opened in December. Homemade pastas and a fine assortment of steaks star, along with items like duck and ossobuco. PHOTOS BY TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

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Behind Bruegger's
ParksPizzaKitchen.com

10 OUTDOORS

Green spaces supply recreation for all seasons

Heather Fuselier Special to Tallahassee Democrat | USA TODAY NETWORK – FLORIDA

There is a day in Tallahassee, around the middle of March, when everything turns green. As if tapped by a magic wand, the trees sprout leaves, the canopies of live oaks provide shade again, and Tallahassee's green spaces beckon.

But you don't have to wait until spring to experience everything our city has to offer for recreation. There is a park for every season, and this top 10 list will keep you busy exploring trails, lakes, sports fields, and more. Check out our favorite places to play.

Popular with runners, hikers, cyclists and horseback riders, the [J.R. Alford] greenway is part of the Great Florida Birding Trail.



Tamar Smith, left, and Dr. Jolita Burns take EmmieRose for an evening stroll at Alford Greenway July 9. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

OUTDOORS

Continued from previous page

St. Mark's Trail

Known to local cyclists and runners as one of Tallahassee's only respite from the rolling hills of our region, the St. Marks Trail was once a railroad used to carry cotton to the coast for shipment to points abroad. Now paved, it is part of Florida's Greenways and Trails System and designated as a National Recreation Trail.

The multi-use trail allows for running, walking, bicycling and rollerblading, with access to the Munson Hills/Twilight Mountain Bike Trails at the main trail head. Horseback riding is available on the adjacent unpaved trail.

The trail ends approximately 15 miles south of the trail head, in the coastal city of St. Marks. The Tallahassee-St. Marks State Trail is a completed section of the developing, 120-mile "Capital City to the Sea Loop" corridor and is a destination along the "Big Bend Scenic Byway."

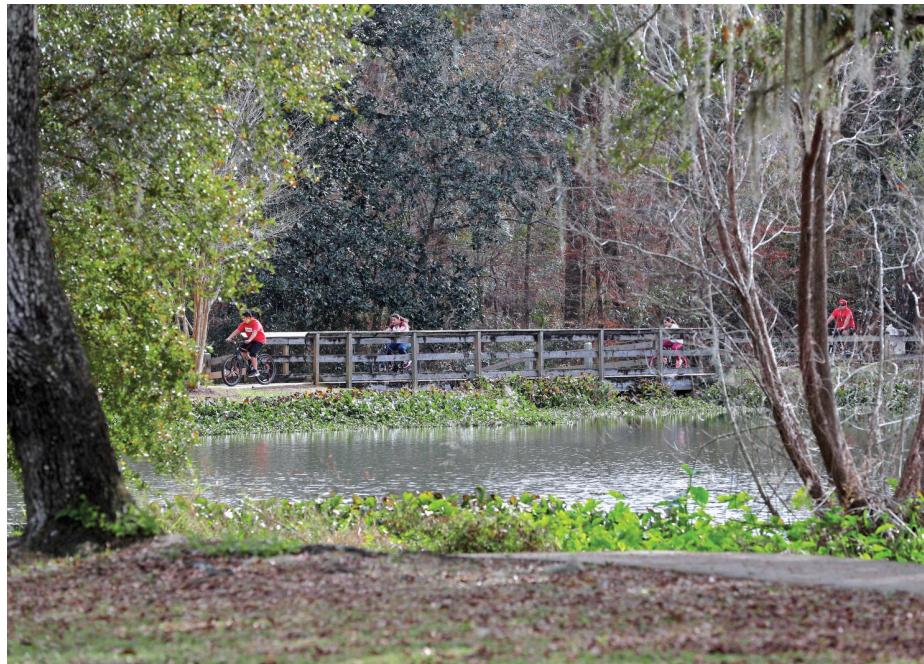
Lake Overstreet

Once you're on the trails at Lake Overstreet in Maclay Gardens State Park, the busy streets of Tallahassee seem further away than they are. The popular trails attract bicyclists, joggers, hikers, strollers, birdwatchers, and horseback riders and offer a variety of distances and terrain.

After depositing a \$2 donation in the honor box located at the main trail head, you'll have four miles of moderately-trafficked trail to explore. Benches are positioned along the way where you can take in the beauty of the natural landscape, identify plants, and watch for birds. Dogs are also able to use this trail but must be kept on leash.

J. R. Alford Greenway

Nestled in the lakes of Piney Z, the J.R. Alford Greenway offers more than 17 miles of multi-use trails on more than 800 acres of open pasture, forests, and waterways. Popular with runners, hikers, cyclists and horseback riders, the greenway is part of the



Christian Portillo, 11, leads his siblings Ashley, 10, Allison, 9 and his father Jose Portillo as they ride their bikes across a bridge in Tom Brown Park as temperatures reached about 75 degrees midday Jan. 2. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

Great Florida Birding Trail. Bring your binoculars; among the variety of birds common here are red-tailed hawks, wintering palm warblers, white-throated and grasshopper sparrows and eastern meadowlarks.

Tom Brown Park

There is always something happening at Tom Brown Park, Tallahassee's largest and most active regional park. The park's amenities have something for everyone, with two multi-age playgrounds, 24 holes of disc golf, tennis and basketball courts, fields for baseball and softball, a newly-opened BMX track, and various trails for hiking, biking and jogging.

Lafayette Park

Step into the Lafayette Arts and Crafts Center, located off Ingleside Drive in the midtown neighborhood of Lafayette Park, and you'll know that you are in a place that has seen Tallahassee grow up. The community center, affectionately referred to as the

"Sue," in honor of its namesake Sue McCollum, has been serving the Tallahassee area for over 50 years. The center is a hub for art classes including pottery, stained glass, crochet, and drawing. In the summertime, arts and craft camps fill up quickly. Make a visit to the playground, one of the only in Tallahassee that includes a canopy for sunny days!

Lafayette Heritage Trail

Not to be confused with Lafayette Park, the Lafayette Heritage Trail is located adjacent to Tom Brown Park, stretching from Weems Road to Chaires Cross Road. Enter the park at the east end of Heritage Park Blvd., where you will find picnic shelters, a trailhead and bike wash, and a small playground frequented by residents of the Piney Z neighborhoods.

Within the Park are the Cadillac Mountain Bike Trail, a multi-use trail, and a paddling trail suitable for kayaks and canoes. Dogs are allowed, but

Continued on next page

OUTDOORS

Continued from previous page

must be on a leash.

Goodwood Museum and Gardens

In the middle of Tallahassee, just off Miccosukee Road, is the Goodwood Museum and Gardens, an example of old Florida and a nod to Tallahassee's rich history. Dating back to the 1830s, the Goodwood estate was once a 2,400-acre plantation. The main house has been restored and remains a popular setting for antique shows, small events, and live music. For the passerby, however, the sprawling and shaded grounds provide a sense of solitude in the middle of the city. Walk amongst the oaks, enjoy the heirloom plants, and take a peek into Tallahassee's past.

The Grove Museum

Don't drive too fast on North Monroe Street or you may miss a relative newcomer to Tallahassee's park scene: The Grove Museum. The 10.5-acre property includes the Call-Collins House, one of the best preserved antebellum residences in Florida. Built by enslaved craftsmen, the house underwent a rehabilitation in 2010 and opened to the public in 2017 as a museum; both the home and guided tours of the basement museum are open to the public. The grounds are open Wednesday through Saturday, with tours of the house available Wednesday through Friday. Paved paths encircle the property offering space for a short lunchtime stroll.



Cake walker Lilly Anderson-Messec leads the first round of the cake walk with a German chocolate cake during the 2019 Tomato Festival at Goodwood Museum and Gardens

June 9. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

Elinor Klapp-Phipps Park

A beautiful 670-acre park on the eastern shore of Lake Jackson, the Elinor Klapp-Phipps Park is the city's largest wild urban park. Home to the Meadows Soccer Complex on Millers Landing Road and the Meridian Park multi-use youth sports complex, the park is also a popular spot for hiking, mountain biking, and horseback riding. Part of the Florida Trail System, the Phipps Park Trail is made up of three loops, each increasing in difficulty and length. Give them a try and see if you can complete them all!

Lake Jackson Mounds

At the north end of Tallahassee, the Lake Jackson Mounds Archaeological State Park sits on land that

was originally part of a large plantation and grist mill owned by Colonel Robert Butler, the nephew-in-law of Andrew Jackson and first Surveyor General of Florida. The remains of the 1800s grist mill can be seen now along the nature trail, which meanders through native trees and plants. A second interpretive trail travels through remnants of Florida's Territorial Period and

the park's time as a plantation. The real showcase of this spot, however, are the six earthen temple mounds, with two available for viewing by the public. Guided tours are available upon request.

Lace up your sneakers, dust off the bicycles sitting in the garage, and fill up a water bottle or two. Tallahassee's parks are waiting!

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OUTDOORS



The rear entrance of the Grove Museum and former home to the late Gov. LeRoy Collins, which sits on 10 acres of land in Midtown. The museum opened in 2017. JOE RONDONE/TALLAHASSEE DEMOCRAT FILES



Jeff Valentine, 72, helps his grandson Emmett Fields, 1, train for the big cake walk at the 2019 Tomato Festivale at Goodwood Museum and Gardens June 9. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

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email: lucysage8@gmail.com
or visit
www.happytrailsranch.com

OUTDOORS



Don Quarello, left, signals the start to the 1.4-mile educational fun run through Lafayette Park to kick off Taloofa Fest.

KARL ETTERS/
TALLAHASSEE
DEMOCRAT



Trace Hunter, left, and Greyson Laramore play disc golf at Tom Brown Park in Tallahassee as the temperature reached about 75 degrees midday Jan. 2. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT



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OUTDOORS



Lincoln's Donovan McNeal runs at the Red Hills Invitational at Elinor Klapp-Phipps Park.

BRIAN MILLER/
TALLAHASSEE
DEMOCRAT



Nash tricks his owners by running after a ball they had thrown and returning without it on a warm morning at the dog park in Tom Brown Park. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

BASICS

GOVERNMENT

The Governor

Gov. Ron DeSantis
State of Florida
The Capitol
400 S. Monroe St.
Tallahassee, FL 32399-0001
Phone: (850) 717-9337
Visit <https://www.flgov.com/contact-governor>

Leon County Commission

Leon County's affairs are directed by the seven-member Board of County Commissioners. Five members serve specific districts and two are elected at-large. 301 S. Monroe Street, 5th Floor. Call 606-5302 or visit leонcoun-tyfl.org.

Bill Proctor, District 1
Jimbo Jackson, District 2
Rick Minor, District 3
Bryan Desloge, District 4
Kristin Dozier, District 5
Mary Ann Lindley, at-large
Nick Maddox, at-large

Tallahassee City Commission

The City Commission is the decision-making body for the city, with four commissioners and a mayor, who each serve four-year terms. To contact commissioners call 891-8181 or visit talgov.com.

All meetings are held in the City Commission Chambers, located on the second floor of City Hall (300 S. Adams St.), unless noted otherwise. City Commission meetings are shown live on WCOT, the City's government access channel, Comcast Cable channel 13, and replayed the following Thursday at noon and 7:30 p.m., and the following Saturday and Sunday at 4 p.m. Call 850-891-8533 for more information.

Mayor John E. Dailey
Elaine Bryant
Jeremy Matlow
Curtis Richardson
Dianne Williams-Cox

State legislators

Rep. Ramon Alexander, D-Tallahassee
1001 The Capitol
402 South Monroe Street,
Tallahassee, FL 32399-1300
Phone: 850-717-5008



City Commissioner Dianne Williams-Cox, at a recent meeting, is in favor of "something to try to reduce the number of straws that are ending up in our environment." ALICIA DEVINE/TALLAHASSEE DEMOCRAT

ramon.alexander@myfloridahouse.gov

Rep. Loranne Ausley, D-Tallahassee

1001 The Capitol
402 South Monroe Street,
Tallahassee, FL 32399-1300
Phone: 850-717-5009
loranne.ausley@myfloridahouse.gov

Rep. Jason Shoaf, R-Port St. Joe

1001 The Capitol
402 South Monroe Street,
Tallahassee, FL 32399-1300
Phone: 850-717-5007

Sen. Bill Montford, D-Tallahassee

410 Senate Office Building
404 South Monroe
Street, Tallahassee, FL 32399.
Phone: 850-487-5003
montford.bill@flsenate.gov

U.S. Congress

Rep. Al Lawson, D-Florida
435 North Macomb Street
Tallahassee, FL 32301
(850)558-9450
lawson.house.gov/contact/email

U.S. Rep. Neal Dunn, R-Florida

300 South Adams Street
Tallahassee, FL 32301
(850) 891-8610
dunn.house.gov/contact/email

U.S. Sen. Marco Rubio, R-Florida

402 South Monroe Street
Suite 2105E
Tallahassee, FL 32399

(850) 599-9100

www.rubio.senate.gov/public/index.cfm/contact

U.S. Sen. Rick Scott, R-Florida
111 N. Adams St.
Suite 208

Tallahassee FL 32301

(850) 942-8415
www.rickscott.senate.gov/contact_rick

Clerk of Courts

Go to the Leon County Clerk of Courts offices at 301 S. Monroe St. to pay traffic and criminal fines, file or contest a civil case and make child support payments. The clerk's office also accepts passport applications and issues marriage licenses. Contact: 850-577-4005; clerk.leon.fl.us.

Register to vote

Mark Earley is the Leon County Supervisor of Elections. The elections office is at 2990-1 Apalachee Parkway. Leon County residents can visit leонvotes.org for information about registering to vote. Call 606-8683. A registration form for all Florida residents, with instructions and addresses for individual counties, is available at myflorida.com

UTILITIES

GETTING PLUGGED IN

The City of Tallahassee Utilities provides electric, water and sewer, natural gas, garbage, recycling and storm-water management services to residents within city limits, as well as in various areas outside the city limits. Talquin Electric serves areas of Leon County beyond the city electric utility's territorial line.

Getting connected to city

In person: 8 a.m.-5:30 p.m. Monday-Friday, Frenchtown Renaissance Building, 435 N. Macomb St.

By phone: Transfer services at 891-4YOU (4968). New services for utilities cannot be started/connected over the phone.

Online: View account information, request utility programs, turn on, transfer or turn off utilities, pay your bill and more at talgov.com/YOU.

By mail: Send written requests for new service or transfer to: Customer Operations, 408 N. Adams St. Tallahassee, FL 32301.

By fax: Request utility account transfers with completed forms via fax at 891-0901. Find forms online at talgov.com/YOU.

Paying your city utility bill

By app: The City offers two free apps that enable you to pay your utility bill from most mobile devices, such as your smartphone, laptop or tablet. Download e+ Mobile and DigiTally from your device's app store.

Online: Customers can register/log in to their e+ online account to make no-fee payments; visit talgov.com/YOU.

SmartBill: The electronic SmartBill (e-bill) is another no-fee electronic payment option that allows you to schedule and pay your utility bill directly from the SmartBill.

By mail: Use the envelope included in the statement and send to City of Tallahassee, 435 N. Macomb St. Relay Box, Tallahassee, FL 32301

Remote payment locations: There are 19 authorized payment centers throughout the city. For a list of loca-

tions, visit talgov.com/you.

Automatic check withdrawal: Certain banks and credit unions allow utility customers to pay their bills through automatic check withdrawal. Call the City's Revenue Division at 891-6494 or visit talgov.com/YOU to complete a form.

At the Police Department: Customers may also pay with check or money order at the Tallahassee Police Department, 234 E. Seventh Ave., until 9:30 p.m.

By phone: Via Western Union. A service fee applies. Call 850-891-2126.

In person: 8 a.m.-5:30 p.m. Monday-Friday, Frenchtown Renaissance Center, 435 N. Macomb St.

Disconnected?

If your power has been disconnected because of nonpayment: Please visit the Utility Customer Account Services at the Frenchtown Renaissance Center, 435 N. Macomb St., from 8 a.m. to 5:30 p.m. Monday-Friday to pay the bill. You can also call 891-4968 seven days a week between the hours of 6 a.m. to 11 p.m. to make a payment. Service will be restored the same day with the exception of Sunday. If the restoration of service occurs after regular business hours, an order to reconnect is dispatched once payment is verified.

City recycling

The Smart Cart: If you are within the city's solid-waste service area, you should have a recycling Smart Cart in addition to your garbage collection barrel. (If you live in an apartment complex, it may be different.) If your home does not have a Smart Cart, call 891-4YOU (4968).

What to recycle: Glass bottles and jars, aluminum cans, steel cans, tin

cans, all plastic containers. Labels are OK, but discard lids. Paper: newspapers, magazines, catalogs, junk mail, office paper, cardboard, and paperboard boxes (cereal boxes, shoe boxes, etc.).

What NOT to recycle: No wax coated, plastic-coated or food-contaminated boxes (pizza, milk cartons). No hard-back books or plastic bags.

Pick-up schedule: Pickup is once per week curbside, on the same day as your garbage collection. Garbage and recycling carts should be rolled out to the curb no earlier than the day before pickup and should be rolled back to the home no later than the day after service.

Solid waste services

Garbage collection

What goes in your garbage barrel: Non-recyclable, nonhazardous household waste

Pick-up schedule: Once per week curbside, on the same day as your recycling collection

Helping hands: For customers who live in a single-family home or townhouse and are physically unable to roll a recycling or garbage cart to the curb, Helping Hands provides weekly pickup at the back door at no extra charge. A doctor's approval is required. Application is available at talgov.com/YOU or call 891-4YOU (4968).

Premium service: A fee-based service for customers who wish to have their garbage and recycling containers pulled, emptied and returned to the house.

Yard waste and bulky items

What can be picked up (yard waste): Grass clippings, pine straw, leaves, shrub trimmings, small limbs.

What can be picked up (bulky items): Large items including appliances, furniture, mattresses, lamps, bicycles, swing sets (disassembled), plastic pools, barbecue grills and other large items (no electronics, which are hazardous waste). Remove doors from refrigerators or place them door-side down so children can't climb inside.

To prepare for pick-up: Place yard waste in heavy-duty bags or boxes.

Continued on next page

UTILITIES

Continued from previous page

For shrubs and limbs, make piles 6 feet X 4 feet and 4 feet high. The maximum size for limbs is 6 feet long, 4 inches diameter. (For tree-stump removal, contact a local tree service.) Keep bulky items separate from yard-waste piles, no larger than 6 feet long, 4 feet high and 4 feet deep.

Pick-up: Collected every other week. Place at the curb for collection in accordance with your Red or Blue week schedule and separate from other solid waste.

Electronics pick-up: Computers, televisions, etc. Call 891-4968 to request an electronic pickup.

Garbage and recycling outside the city

Waste pickup

Residents in unincorporated Leon County can subscribe with Waste Pro (561-0800, wasteprousa.com) for curbside garbage and recycling pickup or use the Rural Waste Service Center in their area. Leon County Solid Waste Management has three full-service centers in the county at the Fort Braden, Miccosukee and Woodville sites. Two centers for garbage and recycling drop-off are at 4363 Holder Road and at the Solid Waste Facility on Apalachee Parkway. Visit LeonCountyFL.gov/SolidWaste for locations and hours. Call 606-1824 for information. Report problems with county pickup: 606-1851.

Drop-off sites

The Leon County Solid Waste Management Facility at 7550 Apalachee Parkway is open for clean yard debris disposal (no bagged yard debris) Monday-Friday from 8 a.m. to 5 p.m. The drop-off area for unincorporated residents is open on Saturday from 8 a.m. to 5 p.m. Permits to use the drop-off area are available in building F, 8 a.m. to 5 p.m. Monday through Friday. The landfill at the Solid Waste Management Facility no longer accepts construction and demolition debris. Marpan Recycling, 6020 Woodville Highway, accepts these materials, along with carpet, padding, furniture, appliances, swing sets and other bulky



Material arrives at the Marpan recycling facility in trucks and Dumpsters and is deposited on the Tipping Floor. According to George Loscialo, Marpan takes in 70 to 80 tons of recycled material from the city and county each day. HALI TAUXE/TALLAHASSEE DEMOCRAT FILES

items. Call 216-1006 or marpanrecycling.com.

Household hazardous waste & electronics: Bring these to the Hazardous Waste Center, 7550 Apalachee Parkway, 8 a.m.-5 p.m. Monday-Saturday for proper disposal and recycling. Do NOT place household hazardous wastes into any garbage or recycle collection container. 606-1816 or LeonCountyFL.gov/HHW.

Swap Shop: Leon County's Household Hazardous Waste Swap Shop is open Monday-Saturday 8 a.m.-5 p.m. Residents may pick up or drop off items that could be used by other residents. Residents can "swap" up to five items per day for personal use, including paint, varnishes, pesticides, glue and more. 606-1803.

County recycling and education services

Recycling: Leon County residents subscribing to Waste Pro services for curbside garbage collection automatically receive curbside recycling. Five Rural Waste Service Centers are also available for plastic bottles, aluminum and steel cans, glass bottles and jars and paper and cardboard recycling from all county residents. Residents may also bring up to four tires per day and one electronic item per day, free of charge. Call 606-1827 or visit LeonCountyFL.gov/recycling.

Education Services: Leon County's Community Education Coordinator will bring a "trash-talking" presentation to your class, school, scout troop, community group or homeowner's association. Groups may also come to the Solid Waste Management Facility at

7550 Apalachee Parkway for a presentation and landfill tour. 606-1827.

Talquin Electric

Talquin Electric Cooperative provides electric, water and wastewater needs in portions of Leon, Gadsden, Wakulla and Liberty counties.

Connects and disconnects

Service requests and disconnections are available in person at any member service office. Offices are open 8:30 a.m.-5 p.m. Online payments, outage reporting and more information is available at talquinelectric.com.

Service Interruptions (outages) should be reported to 866-899-4832 (automated system) or 888-802-1832 (live operator).

Tallahassee offices

Lake Jackson Member Service Office: 4808 Portal Drive, 562-0125
Bradfordville Member Service Office: 6724 Thomasville Road, 893-6853

Cable, satellite and telephone services

CenturyLink: Provides local and long-distance phone services, high-speed Internet and TV, as well as data and voice services for businesses. 907-2070 or 599-1005, centurylink.com.

Comcast/Xfinity: Offers a variety of packages, including digital cable with video on demand, high speed Internet access, home telephone service. 3760 Hartsfield Road, 800-XFINITY, 800-COMCAST, comcast.com.

Direct TV: Satellite provider available through several local outlets. 800-347-3288, 800-531-5000, directtv.com.

PARKS AND TRAILS

Apalachicola National Forest

The 571,000-acre Apalachicola National Forest, the largest national forest in Florida, lies just southwest of Tallahassee. It offers boating and fishing along the Ochlockonee and Apalachicola rivers and swimming in the numerous lakes. Trails and roads accommodate hiking, mountain-bike riding, horseback riding, and off-road ATV and motorcycle riding. Primitive camping is allowed throughout the forest. For more information visit fs.fed.us/r8/florida.

Regional state parks

Florida state parks are open from 8 a.m. until sundown, 365 days a year. Museums, visitor centers and historic sites may close on holidays and two days a week. The entrance fee into most parks is \$4-\$5 per carload, up to eight people. Extra people, walk-ins and bicyclists are \$2-\$5 per person. Camping and lodging reservations may be made by calling the Florida State Park Central Reservation System at 800-326-3521, 8 a.m.-8 p.m., or visit online at reservamerica.com. Contact the Florida State Parks Information Center at 245-2157 or visit floridastateparks.org.

Falling Waters State Park: Hundred-foot deep, 20-foot wide cylindrical sinkhole. A small stream drops 73 feet to the bottom of the sink, eventually flowing into the aquifer. Chipley, 850-638-6130.

Florida Caverns State Park: Formations of stalactites, stalagmites and other geological features. Boating, fishing, camping, nature trails. 3345 Caverns Road, Marianna, 850-482-9598.

Florida Fish & Wildlife Conservation Commission: Discover Aucilla, Wacissa and Econfina Rivers, all three designated National Recreation Trails. Order map from wildlifefoundationofflorida.com.

Forest Capital Museum State Park: Dedicated to longleaf pines and the timber industry. Perry, 850-584-3227.

Ichetucknee Spring State Park: Springs discharge millions of gallons of water a day giving rise to the clear Ichetucknee River. Tubing and canoeing rentals available. Fort White, 386-

497-4690.

Letchworth-Love Mounds State Park: One of the tallest and most architecturally complex pre-Colombian earthen mounds in Florida. 4500 Sunray Road S. 922-6007.

Lake Jackson Mounds State Archaeological Site: One of the most important archaeological sites in Florida. 3600 Indian Mounds Road. 922-6007.

Lake Talquin State Park: Largemouth bass, shellcracker and speckled perch sport fishing. 14850 Jack Vause Landing Road. 922-6007.

Natural Bridge Battlefield State Historic Site: Site of the Battle of Natural Bridge, which preserved Tallahassee as the only Confederate capital east of the Mississippi not to fall into Union hands. Woodville, 922-6007.

San Marcos de Apalache State Historic Site: Nature trails through historic ruins. 148 Old Fort Road, St. Marks, 925-6216.

Torreya State Park: Bluffs overlooking the Apalachicola River, rising more than 150 feet. Bristol, 850-643-2674.

Leon County parks

One of Leon County's best-kept secrets is the 30 or so public recreation areas strung along its magnificent array of lakes and rivers. 606-1470, or visit leoncountyfl.gov.

Apalachee Regional Park: Multi-purpose fields (two lighted), soccer and football fields. 7550 Apalachee Parkway.

Canopy Oaks: Two Little League fields (one lighted), two lighted tennis courts, lighted multipurpose field, playground. 3250 Point View Drive.

Daniel B. Chaires Community Park: Four lighted tennis courts, two basketball courts, two lighted standard Little League baseball fields, one T-ball field. 4768 Chaires Cross Road.

Fort Braden Community Park: Two lighted Little League baseball fields, lighted multipurpose field. 15100 Blountstown Highway.

Fred George Greenway and Park: Baseball field, multipurpose field, playground, two miles of hiking, biking trails. 3043 Capital Circle NW.

Jackson View Park: Walking trails, picnic area, open space and observa-

tion deck. 2585 Clara Kee Blvd.

J. Lee Vause Park: Six picnic pavilions, one-mile paved trail, boardwalk, playground, volleyball net. 6024 Old Bainbridge Road.

J. Lewis Hall Sr. Woodville Park & Recreation Complex: Multipurpose field, four Little League fields, full-size baseball and softball fields, two basketball courts, two picnic pavilions, tot lot and playground. 1492 J. Lewis Hall Sr. Lane.

Kate Ireland Park: Picnic shelter, playground, trail. 12271 Iamonia Landing Road.

Lake Henrietta Park: 1.2-mile paved walking trail. 3305 Springhill Road.

Lake Munson Park: Picnic shelter, nature trail, dock. 5800 Crawfordville Highway.

Martha Wellman Park: Walking trails. 5317 W Tennessee St.

Miccosukee Park: Baseball field, two picnic pavilions, basketball courts, playground, walking trail. 15011 Cromartie Road.

Pedrick Pond: Walking trails. 5701 Mahan Drive.

Stoneler Road Park: Baseball field, picnic shelter, playground, basketball hoop, trail. 5225 Stoneler Road.

Tower Road Park: Multipurpose field, playground, picnic shelter. 5971 Tower Road.

Tallahassee parks

The city of Tallahassee operates and maintains parks, many with amenities such as playgrounds, open grass areas, picnic tables, sports fields, tennis courts and more. Call 891-FUNN or visit talgov.com/parks.

A.J. Henry Park: 71.4 acres, picnic tables, playground. A.J. Henry Park Drive.

Brinkley Glen Park: 8.2 acres. North Meridian Road.

Carter Howell Strong Park: 11.4 acres, picnic tables. West Georgia Street.

Cascades Park: State-of-the-art amphitheater, interactive water fountain, kids' play area, Smokey Hollow Commemoration, miles of multiuse trails. 1001 S. Gadsden St.

Continued on next page

PARKS AND TRAILS



Raleigh Perrin, 3, left, and her friend Ella Delay, 4, play instruments they made from old paper towel rolls and rubber bands while spending the morning at Maclay Gardens on June 28. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

Continued from previous page

Chittenden Park: 1.5 acres. Spruce Avenue.

Dorothy B. Oven Park & Meeting House: 7.5 acres. Picnic tables. 3205 Thomasville Road.

Elinor Klapp Phipps Park: 656.1 acres, picnic tables. 4000 N. Meridian Road.

Guyte P. McCord Park: 21.2 acres, picnic tables. Thomasville Road.

Harriman Circle Park: 8 acres, picnic tables. Harriman Circle.

John G. Riley Park: 4.8 acres, picnic tables. Alabama Street.

Lake Ella Park: 16 acres, picnic tables. Monroe Street.

Levy Park: 609 West Tharpe Street.

Los Robles Park: 1.7 acres, picnic tables. At the intersection of Thomasville and Meridian roads.

Macon Community Park: 12.9 acres, picnic tables, playground. Henderson Road.

Mabry Manor: 2.1 acres. Villamore Avenue.

Mabry Park: 21.5 acres. Roberts Avenue and Mabry Street.

Ninth & Terrace Park: 2 acres, playground. Corner of Ninth Avenue and Terrace Street.

Okeeheepkee Prairie Park: 1/2 mile stabilized trail, boardwalk overlook, picnic shelter. Located near Fuller Road Boat Landing. 1294 Fuller Road.

Park Avenue Chain of Parks: Park Avenue, downtown Tallahassee.

Ruthenia Park: 3.1 acres. Ruthenia Road.

San Luis Mission Park: 69.1 acres, playground, picnic tables. 1313 San Luis Road.

Springsax Park: 35.4 acres, Springsax Road.

Sweetbay Swamp Park: Yaupon Drive.

Tom Brown Park: 297.3 acres, playground, picnic tables, disc golf, trails. 1125 Easterwood Drive, off Capital Circle SE.

Waverly Pond: 7.5 acres, picnic tables. Waverly Road.

Winthrop Park: 14.4 acres, picnic tables, playground. Mitchell Avenue.

LIBRARIES

Leon County Public Library System

The LeRoy Collins Leon County Public Library is downtown at 200 W. Park Ave., but the system has several branches. For information about the library or its branches, go to www.leoncountylibrary.org. To reach the main library, call 606-2665.

The main library is open 10 a.m.-9 p.m. Monday-Thursday, 10 a.m.-6 p.m. Friday, 10 a.m.-5 p.m. Saturday and 1-6 p.m. Sunday. Branch libraries are closed Sundays and Mondays. They are open 11 a.m.-8 p.m. Tuesday and Thursday, 10 a.m.-6 p.m. Wednesday and Friday, 10 a.m.-4 p.m. Saturday. **Eastside Branch**, 1583 Pedrick Road, 606-2750.

Dr. B. L. Perry Jr. Branch, 2817 S. Adams St., 606-2950.

Fort Braden Branch, 16327 Blountstown Highway, 606-2900.

Lake Jackson Branch, 3840 N. Monroe St., 606-2850.

Northeast Branch/Bruce J. Host Center, 5513 Thomasville Road, 606-2800.

Woodville Branch, 8000 Old Woodville Road, 606-2925.

Other local libraries

Capitol Branch Library: Hours: 9 a.m.-4:30 p.m. Mon.-Fri., Room 701, The Capitol, 245-6612, dls.dos.state.fl.us

Florida Geological Survey Library:



Library Assistant Debra Galloway helps Jessica Reierstad find some reading material at the LeRoy Collins Leon County Public Library downtown.

TALLAHASSEE DEMOCRAT FILES

Hours: 8:30 a.m.-11:45 a.m. and 12:45 p.m.-5:30 p.m. Monday-Friday. 3000 Commonwealth Blvd., 617-0316

Florida State University Libraries: 116 Honors Way, 644-5211, lib.fsu.edu.

Jefferson County R.J. Bilar Public Library: Monticello's library serving Jefferson County and surrounding areas since 1903. 342-0205, jcpl.wildernesscoast.org.

wildernesscoast.org.

State Library and Archive: R.A. Gray Building, 500 S. Bronough St., 245-6600, dls.dos.state.fl.us. Library hours are 9 a.m.-4:30 p.m. Monday-Friday.

Supreme Court Law Library: 500 S. Duval St., 488-8919, library.flcourts.org. Library hours are 8 a.m.-5 p.m. Monday-Friday.

COMMUNITY CENTERS

Bradfordville Community Center, 3439 Bannerman Road, 606-1480

Dorothy Cooper Spence Community Center (Chaires), 4768 Chaires Cross Road, 606-1480

Fort Braden Community Center, 16387 Blountstown Highway, 606-1480

Jack L. McLean Jr. Community Center, 700 Paul Russell Road, 891-2505, Aquatic facility: 891-2500

Jake Gaither Community Center, 801 Bragg Drive, 891-3940

Lafayette Arts and Crafts Center, 501 Ingleside Ave., 891-3946

Lake Jackson Community Center, 3480 N. Monroe St., Suite 301, 606-1480

Lawrence Gregory Community Center at Dade Street, 1115 Dade St., 891-3910, Aquatics facility: 891-3911

LeVerne F. Payne Community Center, 450 W. Fourth Ave., 891-3930

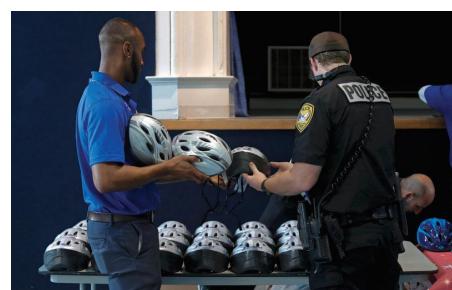
Miccosukee Community Center, 13887 Moccasin Gap Road, 606-1480

Palmer Munroe Teen Center, 1900 Jackson Bluff Road, 891-2569

Sue Herndon McCollum Community Center (Lafayette Park), 501 Ingleside Ave., 891-3946

Walker-Ford Community Center, 2301 Pasco St., 891-3970, Pool: 891-3973

Woodville Community Center, 8000 Old Woodville Road, 606-1480



Helmets were given away along with bikes to children in the after school programs at the Lincoln Neighborhood Center and the Leverne F. Payne Community Center in 2018. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

ANIMAL SERVICES

Animal Control

Tallahassee Animal Control, 1125 Easterwood Drive, 891-2950, www.talgov.com/animals.

Leon County Animal Control: 911 Easterwood Drive, 606-5400, LeonCountyFL.gov/Animal.

ANIMAL SHELTERS

The Tallahassee-Leon Community Animal Service Center, 1125 Easterwood Drive, 891-2950, www.talgov.com/animals

Wakulla Animal Shelter, 1 Oak St., 926-0890, www.chatofwakulla.org

Bird enthusiasts

Big Bend Bird Club Inc., paco@bigbendbirdclub.org

Dog enthusiasts

AKC Ochlockonee River Kennel Club (ORKC), 270 Merritt Lane, Havana, FL, PO Box 3185, www.orkc.com
Pet Sitters, 355 Saint Angelo road, 850-933-9255 (WALK), www.walkthetail.com

Tallahassee Dog Obedience Club, 562-4421, tddoc11.info@gmail.com, www.tddoc11b.org

Emergency care

Allied Veterinarian Emergency Hospital, 2324 Centerville Road, 222-0123

Big Bend DART, Haven Cook, 850-443-1662, bigbenddart@gmail.com, www.bigbenddart.org

Northwood Animal Hospital, 1881-B N. Martin Luther King Jr. Blvd., 385-8181 (Emergency requests); 385-7387 evenings, weekends, holidays, www.northwoodanimalhospital.com

Humane societies & aid groups

Animal Aid & Spay and Neuter Center, 2270 Boone Blvd, 386-4148, www.animalaid.us

Animal Shelter Foundation, 894-6738, info@TallyASF.org, animalshelter-foundation.org

Be the Solution Inc., 1400 Village Square Blvd., Suite 3-306 and Tallahassee Mall, 545-2043

Gadsden County Humane Society, 539-0505, gchspets@gmail.com, Facebook.com/gadsdenhumane.

Jefferson County Humane Society, 2123 E. Washington St., 342-0244, www.jeffersonhumane.org

Leon County Humane Society, 413 Timberlane Road, 224-9193, www.lchs.info
TREATS Inc., info@treatsinc.org, www.treatsinc.org

Thomasville-Thomas County Humane Society, 180 Big Star Drive, 229-228-0613, www.thomasvillehumane.org

Other groups

Lost Dogs, Helps locate lost and found pets in Tallahassee and surrounding area. 212-0822, www.LostDogs-Florida.org.

Pets Ad Litem, 119 S. Monroe St., Suite 300, 425-3409

TMH Animal Therapy, 1300 Miccosukee Road, 431-5331

Pet rescue

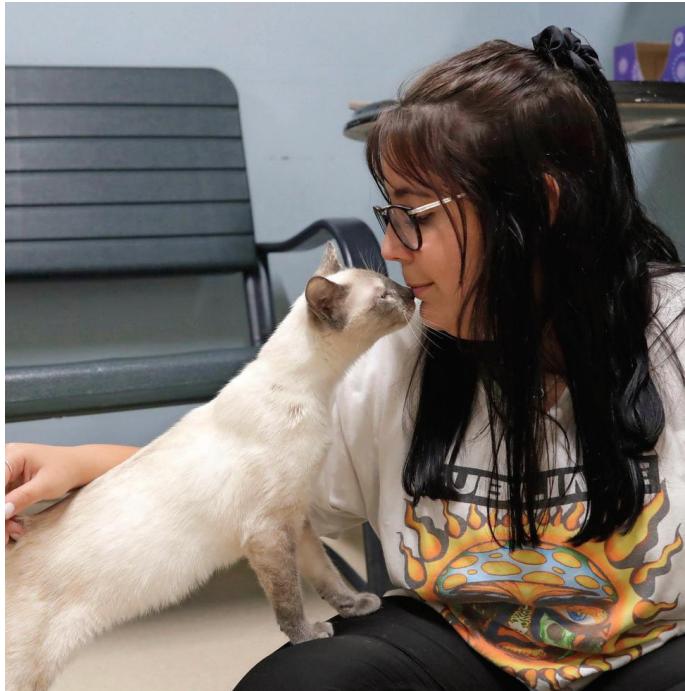
Tallahassee Big Dog Rescue, 562-3200, www.bigrdrescue.com.

Tallahassee Collie Rescue Inc., 251-6519, thepuppyladies@gmail.com, www.tallahasseecollerescue.org

Wildlife assistance

Florida Wild Mammal Association (FWMA), 198 Edgar Poole Road, Crawfordville, 363-2351, www.FWMA.org

Goose Creek Wildlife Sanctuary, Inc., Business Phone: 850-508-7587, Animal Hotline: 850-545-3491, info@goosecreekwildlifesanctuary.org, www.goosecreekwildlifesanctuary.org
St. Francis Wildlife Association, 627-2291, www.stfranciswildlife.org



Jenny Charalambous and a Siamese cat bond with one another at the city of Tallahassee Animal Service Center. Charalambous later adopted the cat and renamed her Cleo. ALICIA DEVINE/TALLAHASSEE DEMOCRAT

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BUSINESS RESOURCES



Chair for the Greater Tallahassee Chamber of Commerce Mark O'Bryant listens at the 2018 Annual Breakfast Meeting. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

Association of Talent Development, www.astdtallahassee.org

Big Bend Minority Chamber of Commerce, 1028 E. Park Ave., 850 577-0789, www.mybbmc.org

Big Bend Society for Human Resource Management (BBSHRM), president@big-bendshrm.org, www.big-bendshrm20.wildapricot.org

Capital City Chamber of Commerce, 1602 S. Monroe St., 224-0152, www.capitalcitychamber.com

CareerSource Capital Region, 325 John Knox Road, Atrium Building Suite 102, 844-CAREER1, www.careersourcecapitalregion.com

CoLab @ The Pod, 597-8374, CoLab.ThePodAdvertising.com

Domi Station, 914 Railroad Ave., domistation.com

Downtown Improvement Authority, 106 E. Jefferson Street, 3rd Floor, 224-3252, www.tallahasseedowntown.com

FAMU Small Business Development Center, 2035 E. Paul Dirac Drive, 599-3407, www.sbdcatfamu.org

Florida Chamber of Commerce, 136 S. Bronough St., 521-1200, www.flchamber.com

Florida Public Interest Foundation, 997-2837, www.forthepublic.org

Global Ambassador Program, 644-1324, www.cge.fsu.edu

Greater Tallahassee Chamber of Commerce, 850-224-8116, www.talchamber.com.

Jim Moran Institute of Global Entrepreneurship at Florida State University, 644-3372, www.jmi.fsu.edu

National Association of Investors Corporation, Big Bend Chapter, www.betterinvesting.org

Tallahassee Chapter, Women's Prosperity Network, 997-4595, www.WPNGlobal.com/Tallahassee

Tallahassee Lenders Consortium, 224 Office Plaza, 222-6609, www.tallahasseelenders.org

Tallahassee Technology Alliance, 383-8237, admin@taltech.org, www.taltech.org

Tallahassee Community College-Division of Economic & Workforce Development, 444 Appleyard Drive, 201-8311

Visit Tallahassee, 106 E. Jefferson St., 606-2305, 800-626-2866, www.visit-tallahassee.com



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SCHOOL FACTS

Superintendent

Rocky Hanna is Superintendent of Leon County Schools. Visit leonschools.net; 487-7147.

School Hours

Hours for public schools in Leon County are standardized except as noted. Public elementary schools are in session from 8:30 a.m. to 2:50 p.m.; middle schools from 9:30 a.m. to 3:50 p.m.; and high schools from 7:30 a.m. to 1:50 p.m. Hours for private and charter schools vary. Check with each school for up-to-date information. Please be aware that listed times may change.

Leon County Schools is recognized as a "B" district by the Florida Department of Education. It employs more than 2,200 teachers. The 2018-19 school year began Aug. 12.

School Board Members

The Leon County School Board sets policy and each of its five members is elected by the voters in their district and serve four-year terms. The members are:

District 1 - Alva Striplin

District 2 - Rosanne Wood (Chair)

District 3 - Darryl Jones

District 4 - DeeDee Rasmussen (Vice-Chair)



Leon County Schools Superintendent Rocky Hanna speaks during the Leon County School Board reorganization meeting in 2018. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

District 5 - Georgia "Joy" Bowen

Board Meetings

The board meets on the second and fourth Tuesdays of each month at 6 p.m. in the back conference room of the Howell Center, 3955 W. Pensacola St. The board meetings can also be viewed live on WLCS-Cable Channel 23 or viewed later online from the district's website, www.leonschools.net.

Find More Online

For information on Leon County Schools visit www.leonschools.net. For an online report card examining school grades and performance visit data.tallahassee.com/school

Virtual School

Leon County operates its own local franchise of the Florida Virtual School, with online classes for middle and high school students. More information is at leonschools.net/virtualschool.

SCHOOLS

Lab schools

FAMU Developmental Research School, 400 W. Orange Ave., 412-5930, www.famudrs.org

Florida State University School, 3000 Schoolhouse Road, 245-3700, www.fsus.fsu.edu

Private schools

Bethel Christian Academy, 406 N. Bronough St., 222-6605, www.betheltally.org

Betton Hills Preparatory, 1815 N. Meridian Road, 422-2464, www.bettonhills.com

Betton Hills School, 2205 Thomasville Road, 656-9211

Community Christian, 4859 Kerry Forest Parkway, 893-6628, www.ccs-chargers.org

Cornerstone Learning Community, 2524 Hartsfield Road, 386-5550, www.cornerstonelc.com

Epiphany Lutheran School (also serves infants), 8300 Deerlake Road W, 385-7373, www.epiphanystar.org

Grassroots Free School, 2458 Grassroots Way, 656-3629, www.grassrootsschool.org

Heritage Academy/Gingerbread Day School, 3324 N. Monroe St., 364-8925, www.shalomnorthflorida.org

Holy Comforter Episcopal, 2001 Fleischmann Road, 383-1007, www.holy-comforter.org

John Paul II Catholic High, 5100 Terrene Drive, 201-5744

Maclay School, 3737 N. Meridian Road, 893-2138, www.maclay.org

Magnolia School, 2705 W. Tharpe St., 385-3834, www.themagnoliaschool.net

North Florida Christian, 3000 N. Meridian Road, 385-7181, www.nflchurch.com

Rose Academy, LLC, 1268-B Timberlane Road, 893-8743, www.roseacademy.org

Trinity Catholic, 706 E. Brevard St., 222-0444, www.trinityknights.org

Woodland Hall Academy, 5246 Centerville Road, 893-2216, <http://woodlandhallacademy.org/>

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LEON COUNTY SCHOOLS

Elementary Schools

Apalachee, 650 Trojan Trail, 488-7110, leonschools.net/apalachee

Astoria Park, 2465 Atlas Road, 488-4673, leonschools.net/astoriapark

Bond, 2204 Saxon St., 488-7676, leonschools.net/bond

Buck Lake, 1600 Pedrick Road, 488-6133, leonschools.net/bucklake

Canopy Oaks, 3250 Pointview Drive, 488-3301, leonschools.net/canopyoaks

Chaires, 4774 Chaires Crossroads, 488-5977, leonschools.net/chaires

Conley, 2400 Orange Ave. E, 414-5610, leonschools.net/conley

Desoto Trail, 5200 Tredington Park Drive, 488-4511, leonschools.net/desototrail

Fort Braden, 15100 Blountstown Highway, 488-9374, leonschools.net/ftbraden

Gilchrist, 1301 Timberlane Road, 893-4310, leonschools.net/gilchrist

Hartsfield, 1414 Chowkeebin Nene, 488-7322, leonschools.net/hartsfield

Hawks Rise, 205 Meadow Ridge, 487-4733, leonschools.net/hawksrise

Kate Sullivan, 927 Miccosukee Road, 487-1216, leonschools.net/sullivan

Killearn Lakes, 8037 Deerlake East, 893-1265, leonschools.net/killearnlakes

Oak Ridge, 4530 Shelter Road, 488-3124, leonschools.net/oakridge

Pineview, 2230 Lake Bradford Road, 488-2819, leonschools.net/pineview

Riley, 1400 Indiana St., 488-5840, leonschools.net/riley

Roberts, 5777 Pimlico Drive, 488-0923, leonschools.net/roberts

Ruediger, 526 W. 10th Ave., 488-1074, leonschools.net/ruediger

Sabal Palm, 2813 Ridgeway St., 488-0167, leonschools.net/sabalpalm

Sealey, 2815 Allen Road, 488-5640, leonschools.net/sealey

Springwood, 3801 Fred George Road, 488-6225, leonschools.net/springwood

W.T. Moore, 1706 Dempsey Mayo Road, 488-2858, leonschools.net/moore

Woodville, 9373 Woodville Highway, 487-7043, leonschools.net/woodville

Middle schools

Cobb, 915 Hillcrest St., 488-3364, leonschools.net/cobb

Deerlake, 9902 Deerlake West, 922-



First-grader Jayla Footman, dressed to represent the book “Pete the Cat,” walks with her classmates during the Oak Ridge Elementary School literacy parade. TORI SCHNEIDER/TALLAHASSEE DEMOCRAT

6545, leonschools.net/deerlake

Fairview, 3415 Zillah St., 617-5353, leonschools.net/fairview

Fort Braden, 15100 Blountstown Highway, 488-9374, leonschools.net/ftbraden

Griffin, 800 Alabama St., 488-8436, leonschools.net/griffin

Montford, 5789 Pimlico Drive, 922-6011, leonschools.net/montford

Nims, 723 W. Orange Ave., 488-5960, leonschools.net/nims

Raa, 401 West Tharpe St., 488-6287, leonschools.net/raa

Swift Creek, 2100 Pedrick Road, 414-2670, leonschools.net/swiftcreek

Woodville, 1900 Natural Bridge Road, 487-7043, leonschools.net/woodvillemiddle

High schools

Chiles, 7200 Lawton Chiles Lane, 488-1756, leonschools.net/chiles

Godby, 1717 West Tharpe St., 617-4700, leonschools.net/godby

Leon, 550 E. Tennessee St., 488-1971, leonschools.net/leon

Lincoln, 3838 Trojan Trail, 487-2110, leonschools.net/lincoln

Rickards, 3013 Jim Lee Road, 488-1783, leonschools.net/rickards

SAIL, 2006 Jackson Bluff Road, 488-2468, leonschools.net/sail

Alternative district schools

Adult & Community Education, 500 N.

Appleyard Drive , 922-5343, ACELeon.org (Hours: 8:30 a.m. – 7:30 p.m.)

Ghazvini Learning Center, 860 Blountstown Highway, 488-2087, leonschools.net/successacademy (Hours: 7:30 a.m. – 1:30 p.m.)

Everhart School, 2750 Mission Road, 488-5785, leonschools.net/everhart (Hours: 9 a.m. – 3 p.m.)

Lively Technical Center, 480 N. Appleyard Drive, 487-7555, leonschools.net/livelytech (Hours: 8 a.m. – 4 p.m.)

Heritage Trails Community School, 283 Trojan Trail, 488-8927, leonschools.net/pace (Hours: 9:15 a.m. – 3:15 p.m.)

Charter schools

Governors Charter Academy, 4351 Mahan Drive, 391-5259, governors-charter.org (Hours: 8 a.m. – 3 p.m.)

School of Arts & Sciences, grades K-8, 3208 Thomasville Road, 386-6566, schoolofartsandsciences.org (Hours: 9:15 a.m. – 3:35 p.m.)

School of Arts and Sciences at the Centre, grades K-8, 2415 North Monroe St., 999-8267, schoolofartsandsciences.org (Hours: 9:15 a.m. – 3:35 p.m.)

Tallahassee School of Math & Science, 3434 N. Monroe St., 681-7827, schoolofmathandscience.org (Hours: 9:30 a.m. – 3:50 p.m.)

STAYING SAFE

IN CASE OF EMERGENCY IN ALL JURISDICTIONS: DIAL 911

Tallahassee Police Department

243 E. Seventh Ave., 891-4200 or 606-5800, talgov.com/tpd

Interim Tallahassee Police Chief Steve Outlaw:

The 32-year veteran of the Tallahassee Police Department, who was on the verge of retirement, is at the helm of the force while a national search is conducted. He was sworn into office in June.

Neighborhood Watch: The Neighborhood Watch program, run by TPD's Community Relations Unit, and Neighborhood Crime Watch, run by the Leon County Sheriff's Office, involve the direct participation of citizens in their neighborhoods, in cooperation with law enforcement, to detect and prevent crime.

Citizens Police Academy: Citizens can receive nine weeks of classroom and field instruction regarding the responsibilities facing police officers. Go to talgov.com or contact Officer Sean Wyman at 891-4362 or sean.wyman@talgov.com.

Leon County Sheriff's Office

2825 Municipal Way, 606-5800, leoncountyso.com

Leon County Sheriff Walt McNeil: He was elected Sheriff of Leon County in November 2016. His 35-year career as a public servant includes stints as chief of the Tallahassee Police Department and served as Secretary for the Florida Department of Corrections.

Crime Prevention: Offers training programs to community groups, businesses and organization. Call 606-3250.

Crime Stoppers: To report information about a crime or a suspect anonymously, call 574-TIPS (8477), text "BBCS" plus your tip to 274637 (CRIMES), download the TipSubmit Mobile App, or visit leoncountyso.org/crime-stoppers. Call 891-4200 (24 hours a day).

Leon County Detention Center: Houses pre-trial, pre-sentenced county and state sentenced males and females, as well as juvenile offenders charged as adults. 535 Appleyard Drive, 606-3500.

Sheriff's Posse: Provides several avenues for citizens to volunteer to help the sheriff's office.

School Resource Deputies: Assigned



Tallahassee interim police Chief Steve Outlaw speaks with Tallahassee Fire Chief Jerome Gaines after being sworn into office in June. KARL ETTERS/TALLAHASSEE DEMOCRAT

to Leon County middle and high schools and some elementary schools, these officers teach youth oriented prevention programs.

Other local law enforcement

FSU Police Department: 830 W. Jefferson St., 644-1234

FAMU Police Department: 2400 Wahnish Way, 599-3256

TCC Police: 444 Appleyard Drive, 201-6100

FDLE Capitol Police: Capitol building: 400 S. Monroe St., 487-2700, fdle.state.fl.us

Florida Highway Patrol: 2100 Mahan Drive, 410-3046, fhp.state.fl.us

Gadsden County Sheriff's Office: 627-9233

Jefferson County Sheriff's Office: 997-2523

Wakulla County Sheriff's Office: 926-7171

Quincy Police: 627-7111

Havana Police: 539-2800

Monticello Police: 342-0105

Gretna Police: 856-9460

Fire Departments

Tallahassee: 606-5800 (dispatch) and 606-6600 (administration)

Havana: 539-2800

Quincy: 875-7315

Gadsden County: 627-3644

Jefferson County: 342-0182

Wakulla County: 421-3101

Emergency Management

State Emergency Management Emergency Operations Center: 413-9969

Tallahassee power outages control center: 891-4968; outagemap.talgov.com

(street light outages, water, utilities and gas emergency repairs)

Leon County Emergency Management: 606-3700

Leon County Emergency Medical Services

911 Easterwood Drive, 606-2100

LeonCountyFL.gov/LCEMS

For a non-emergency transport, call 606-5808

Public Education: Leon Lifesaver visits students at local elementary schools to teach about safety. Citizens can sign up to receive free CPR classes for their workplace, community or neighborhood group. To schedule Leon Lifesaver at your school/event or to register for CPR classes, call 606-2100.

SENIOR RESOURCES

AARP, www.aarp.org
AARP 55-Alive/Mature Driving Program, 888-AARPNOW
AARP Florida Legislative Representative, 200 W. College Ave., Suite 304, 577-5180, 866-595-7678, www.aarp.org.
Aging with Dignity, 888-594-7437 or 681-2010, www.agingwithdignity.org.
American Home Patient, 2432 N. Monroe St., 222-1723
Area Agency on Aging, 2414 Mahan Drive, 800-963-5337, 488-0055
Choose Tallahassee, info@choosetallahassee.com, www.choosetallahassee.com
Comfort Keepers, 2709 Killarney Way , Suite 3, 402-0051, www.comfortkeepers.com
Elder Care Services Inc., 2518 W. Tennessee St., 921-5554, www.ecsbigbend.org
Florida Council on Aging, 1018 Thomasville Road, Suite 110, 222-8877, www.fcoa.org
Florida Department of Elder Affairs, 4040 Esplanade Way, 888-831-0404, 414-2000, elderaffairs.state.fl.us; ombudsman.myflorida.com
Good News Outreach, PO Box 3304, 347 Office Plaza Dr., 850-412-0016, www.goodnewsoutreach.org
Heuler-Wakeman Law Group, 1815 Miccosukee Commons Drive, Suite 104, 421-2400, www.hwelderlaw.com
Hopewell Home Health Care , 2121-H Killearny Way, 386-5552, www.hopewellcare.com
LocalSeniorDiscounts.com, www.LocalSeniorDiscounts.com
Senior Life Resources Center, 6115 Mahan Drive, 877-7315, www.capitalcitychristianchurch.org



Do you love to sing? Join Senior Singers on Tuesdays at 1 p.m., Tallahassee Senior Center. For more info, call 891-4000.

Social Security Administration, 2002 Old St. Augustine Road, Building B, Suite B12, 800-772-1213, or 800-325-0778 TDD, www.socialsecurity.gov
TMH Adult Day Care Services, 2039 N. Monroe St., 531-0712, www.tmh.org/adultday

Tallahassee Senior Center, 1400 N Monroe St., 891-4000; 1400 N. Monroe St., 891-4016
The Osher Lifelong Learning Institute at FSU, 636 West Call Street; <https://olli.fsu.edu/>

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Tallahassee, FL 32311
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CRAWFORDVILLE
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Crawfordville, FL 32327
850.926.6363

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Tallahassee, FL 32308
850.219.2306

CAPITAL REGIONAL COMPREHENSIVE BREAST CENTER

2626 Care Drive, Suite 100
Tallahassee, FL 32308
850.325.5800

CAPITAL REGIONAL CARDIOLOGY ASSOCIATES

2770 Capital Medical Blvd., Suite 109
Tallahassee, FL 32308
850.877.0320

CAPITAL REGIONAL BARIATRIC CENTER

2819 Capital Medical Blvd.
Tallahassee, FL 32308
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CAPITAL REGIONAL CANCER CENTER

2003 Centre Pointe Blvd.
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Tallahassee, FL 32308
850.402.0202

CAPITAL REGIONAL MEDICAL CARE

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Tallahassee, FL 32312
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CAPITAL REGIONAL WOMEN'S HEALTH

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Tallahassee, FL 32308
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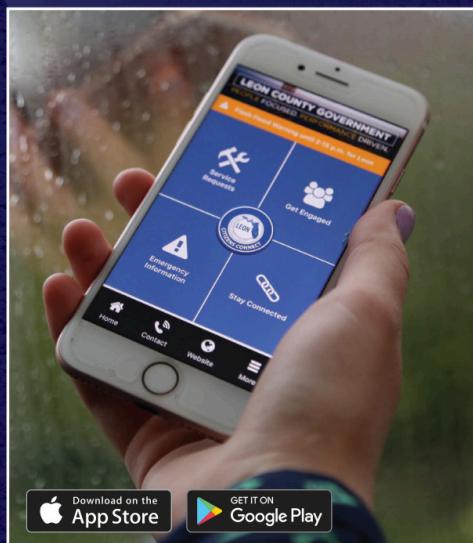
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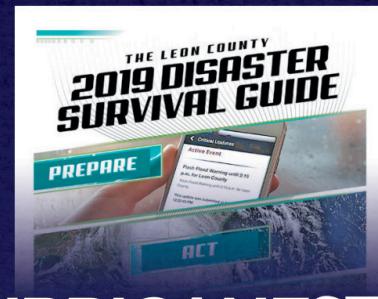
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